

Current as of April 2022

NQT/L Name		Plan's Description of NQT/L	The Humana Template NQT/L comparative analysis is made available for informational purposes only and covers some of the primary NQT/Ls in the Humana Plan Template. It is not intended and should not be construed as providing legal advice. Each plan's situation can be highly fact specific and does not address plan customizations. The federal agencies responsible for the NQT/Ls have emphasized that any HMO/ACA analysis is on a plan by plan basis and not on the overall "book of business" of any insurer or third-party administrator (TPO). Also, NQT/Ls are evaluated on an "as applied" basis. Therefore, specific utilization abnormalities may impact whether the general comparative analysis is appropriate in all regards. As noted, a plan's NQT/L comparative analysis must be made available to participants, beneficiaries, providers and governmental agencies upon request. As a condition of use of this NQT/L comparative analysis, we require that you notify us whenever you provide a copy of this NQT/L analysis pursuant to a request from such an individual or entity. Except for such requests you are required to keep the contents of this Humana Template NQT/L comparative analysis confidential as it is the proprietary information of Humana.
Medical Necessity Criteria		This NQT/L addresses the processes, factors, and evidentiary standards defining Humana's criteria for performing Medical Necessity Reviews. Development and application of Medical Necessity criteria are the primary focus within this NQT/L analysis. Processes to perform a medical necessity review are also addressed.	
Emergency Benefits			
Step 1: Describe the NQT/L's requirements and associated procedures		Inpatient Benefits Establishment of Medical Necessity Criteria (Medical/Surgical (MS) and Mental Health/Substance Use Disorder (MHSUD)) Humana establishes medical necessity criteria for inpatient services. These criteria are maintained as needed by Humana's Corporate Medical Director leadership team. Annually, at minimum, the hierarchy of clinical decision making/medical necessity guidelines are reviewed by Medical Director and Operations leadership via Policy Review Committees. For inpatient Medical/Surgical and Mental Health services, Humana has selected MCOB guidelines as the primary medical necessity guidelines. MCOB guidelines have been selected as they are based on clinically validated best practices that support optimal clinical decision-making. Humana partners with MCOB at least annually to review its guidelines. For initial inpatient review, MCOB guidelines based on primary diagnosis are applied to determine medical necessity. To determine appropriate length of stay for the initial review, MCOB's Goal Length of Stay (GLOS) and Benchmark Length of Stay (BLOS) criteria are utilized. When a provider or facility wishes to extend the number of days initially authorized, the provider/facility is instructed to submit a subsequent request for continued stay. For free extended stay reviews, MCOB Optimal Recovery Course and Extended Stay Criteria are used to determine additional length of stay. MCOB's process to develop and maintain its proprietary guidelines is as follows, per its website: • "For each guideline, the published professional literature (the National Library of Medicine database via the PubMed search engine) is systematically queried at least annually using specifically developed, customized, tested, vetted, proprietary search strings." • "An MCOB clinical editor evaluates all new evidence and updates the guideline as needed to ensure its continued clinical validity." • "On an annual basis, each guideline undergoes external review by clinically active experts (e.g., board-certified specialist physicians without stated financial conflicts of interest) to confirm the clinical appropriateness, accuracy, validity, and applicability of each guideline. A supervising clinical editor evaluates all comments from these external reviewers and makes necessary changes to the guideline." In addition to MCOB guidelines, Humana may also apply other considerations to its inpatient medical necessity reviews, such as weekend/holiday timing, specific guidelines within individual provider contracts, and clinical judgment as appropriate. Further details may be found in "Factors" and "Voluntary Standards" below. Outpatient Benefits Establishment of Medical Necessity Criteria (Medical/Surgical (MS) and Mental Health/Substance Use Disorder (MHSUD)) Humana establishes medical necessity criteria for outpatient services. These criteria are maintained as needed by Humana's Corporate Medical Director leadership team. Annually, at minimum, the hierarchy of clinical decision making/medical necessity guidelines are reviewed by Medical Director and Operations leadership via Policy Review Committees. For Outpatient services, Humana utilizes the following clinical review criteria: • Federal and state mandates • Member's Certificates of Coverage • Humana Internal medical coverage policies • ASAM for Substance Use Disorder • Relevant medical research/literature, in the absence of other criteria or guidelines Humana's internal medical coverage policies are developed and maintained by a dedicated team of Clinical Policy experts, under the leadership of a licensed, board-certified Corporate Medical Director. Underlying factors and criteria used to develop these internal coverage policies are captured in Steps 2 and 3 below. The policies are updated and reviewed annually, at minimum, by a Policy Review Committee comprised of physicians with various specialties and other health plan leadership. External physician groups or societies may be consulted as well. The internal coverage policies, generally speaking, address services not covered by MCOB criteria, so they primarily address outpatient services and items. In terms of the medical necessity review process itself, Humana may also apply other considerations to its outpatient medical necessity reviews, such as weekend/holiday timing, specific guidelines within individual provider contracts, and clinical judgment as appropriate. Further details may be found in Steps 2 and 3 below. Emergency Benefits Process Neither a referral nor an authorization is required for members to access emergency services (either in-network or out-of-network) if they present with an emergency medical condition as defined under the "any prudent layperson" test. Emergency Services claims may be subject to review by a licensed board-certified Medical Director when submitted. The intent of the review is to ensure the services rendered were truly emergent in nature. Mental Health (MH)/Substance Use Disorder (SUD) Process Neither a referral nor an authorization is required for members to access emergency services (either in-network or out-of-network) if they present with an emergency medical condition as defined under the "any prudent layperson" test. Emergency Services claims may be subject to review by a licensed board-certified Medical Director when submitted. The intent of the review is to ensure the services rendered were truly emergent in nature.	
Step 2: Describe the reason for applying the NQT/L (Factors Applied)		Medical Necessity Review Processes - Medical/Surgical (MS) When a member or provider/facility submits a request that requires Medical Necessity Review, a licensed clinician (for example, a Registered Nurse) may approve the request if it meets Humana's established medical necessity guidelines. If the licensed clinician cannot approve the request based on his/her review of the clinical criteria and the documentation obtained to support the request, the request is forwarded to a licensed, board-certified physician for medical necessity review against the same criteria. A determination is then rendered and the member or provider/facility are notified of the determination per state and federal notification requirements. Medical Necessity Review Processes - Mental Health/Substance Use Disorder (MHSUD) When a member or provider/facility submits a request that requires Medical Necessity Review, a licensed clinician (for example, a Registered Nurse or Licensed Clinical Social Worker) may approve the request if it meets Humana's established medical necessity guidelines. The underlying factors driving MCOB medical necessity and length of stay guidelines are determined and maintained by MCOB. Its website is accessible here: https://www.mcof.com/ For MCOB's website, the following are examples of factors utilized to develop and maintain their guidelines: • "Published professional literature meeting quality, utility, and relevance standards (see evidentiary standards for further details)" • "Utilization analysis using claims-based databases to confirm the reasonability and clinical appropriateness of care guidelines" utilization goals and objectives. In addition to MCOB guidelines as written, Humana clinicians and medical directors may apply clinical judgment, as appropriate, through the medical necessity review process. Note also that state/federal regulations and contractual requirements take precedence over clinical guidelines and are taken into consideration through the utilization review process. Mental Health (MH) / Substance Use Disorder (SUD) Factors The underlying factors driving MCOB medical necessity and length of stay guidelines are determined and maintained by MCOB. Its website is accessible here: https://www.mcof.com/ ; and ASAM, its website is accessible here: https://www.asam.org For MCOB's website, the following are examples of factors utilized to develop and maintain their guidelines: • "Published professional literature meeting quality, utility, and relevance standards (see evidentiary standards for further details)" • "Utilization analysis using claims-based databases to confirm the reasonability and clinical appropriateness of care guidelines" utilization goals and objectives. In addition to MCOB guidelines as written, Humana clinicians and medical directors may apply clinical judgment, as appropriate, through the medical necessity review process. Note also that state/federal regulations and contractual requirements take precedence over clinical guidelines and are taken into consideration through the utilization review process. Medical Necessity Review Processes - Medical/Surgical (MS) When a member or provider/facility submits a request that requires Medical Necessity Review, a licensed clinician (for example, a Registered Nurse) may approve the request if it meets Humana's established medical necessity guidelines. If the licensed clinician cannot approve the request based on his/her review of the clinical criteria and the documentation obtained to support the request, the request is forwarded to a licensed, board-certified physician for medical necessity review against the same criteria. A determination is then rendered and the member or provider/facility are notified of the determination per state and federal notification requirements. Medical Necessity Review Processes - Mental Health/Substance Use Disorder (MHSUD) When a member or provider/facility submits a request that requires Medical Necessity Review, a licensed clinician (for example, a Registered Nurse or Licensed Clinical Social Worker) may approve the request if it meets Humana's established medical necessity guidelines. The underlying factors driving ASAM medical necessity and length of stay guidelines are determined and maintained by ASAM. Its website is accessible here: https://www.asam.org For ASAM's website, the following are examples of factors utilized to develop and maintain their guidelines: • "Published professional literature meeting quality, utility, and relevance standards (see evidentiary standards for further details)" • "Utilization analysis using claims-based databases to confirm the reasonability and clinical appropriateness of care guidelines" utilization goals and objectives. In addition to ASAM guidelines as written, Humana clinicians and medical directors may apply clinical judgment, as appropriate, through the medical necessity review process. Note also that state/federal regulations and contractual requirements take precedence over clinical guidelines and are taken into consideration through the utilization review process.	
Step 3: Identify and describe evidentiary standards and other evidence relied upon		Medical/Surgical (MS) Evidentiary Standards The following evidentiary standards driving MCOB medical necessity and length of stay guidelines are determined and maintained by MCOB. Its website is accessible here: https://www.mcof.com/ For MCOB's website, the following are examples of evidentiary standards supporting its clinical guidelines: • "Published professional literature – preference is given to publications that: o Are designed with rigorous scientific methodology o Are published in higher-quality journals (i.e., journals that are read and cited most often within their field) o Address an aspect of specific importance to the guideline in question (e.g., admission criteria, length of stay) o Represent an update or contain new data or information not reflected in the current guideline." • "Authoritative sources and evidence are graded according to the level of authoritativeness, as follows: o (E0) 1) Evidence Grade 1: Meta-analyses, Randomized controlled trials with meta-analysis, Randomized controlled trials, Systematic reviews o (E0) 2) Evidence Grade 2: Observational studies (cohort studies, case series with historical or literature controls), Published guidelines, Statements in published articles or textbooks o (E0) 3) Evidence Grade 3: Unpublished data (large database analyses, written protocols or outcomes reports from large practices, expert practitioner reports) Mental Health (MH) / Substance Use Disorder (SUD) Evidentiary Standards For Mental Health, the underlying evidentiary standards driving MCOB medical necessity and length of stay guidelines are determined and maintained by MCOB. Its website is accessible here: https://www.mcof.com/ . For MCOB's website, the following are examples of evidentiary standards supporting its clinical guidelines: • "Published professional literature – preference is given to publications that: o Are designed with rigorous scientific methodology o Are published in higher-quality journals (i.e., journals that are read and cited most often within their field) o Address an aspect of specific importance to the guideline in question (e.g., admission criteria, length of stay) o Represent an update or contain new data or information not reflected in the current guideline." • "Authoritative sources and evidence are graded according to the level of authoritativeness, as follows: o (E0) 1) Evidence Grade 1: Meta-analyses, Randomized controlled trials with meta-analysis, Randomized controlled trials, Systematic reviews o (E0) 2) Evidence Grade 2: Observational studies (cohort studies, case series with historical or literature controls), Published guidelines, Statements in published articles or textbooks o (E0) 3) Evidence Grade 3: Unpublished data (large database analyses, written protocols or outcomes reports from large practices, expert practitioner reports) For Substance Use Disorder, the underlying evidentiary standards driving ASAM criteria are determined and maintained by ASAM. Its website accessible here: https://www.asam.org . Review follows ASAM criteria for: • Applicable levels of care across the continuum 2.1. Intensive Outpatient Services 2.2. Residential Services 2.3. Inpatient Services Medical Necessity Review Processes - Medical/Surgical (MS) The factors and evidentiary standards used to develop processes for medical necessity reviews are outlined in steps 2 and 3 above. In policy, Humana has memorialized the Clinical Review process, which outlines Medical Necessity review processes and criteria. This is a singular policy comprehensively covering MBS and MHSUD medical necessity reviews. Humana has established associate-level processes and procedures for performing medical necessity reviews – which outline how to perform medical necessity reviews according to the approved hierarchy and clinical decision making criteria. Medical Necessity Review Processes - Mental Health (MH) / Substance Use Disorder (SUD) The factors and evidentiary standards used to develop processes for medical necessity reviews are outlined in steps 2 and 3 above. In policy, Humana has memorialized the Clinical Review process, which outlines Medical Necessity review processes and criteria. This is a singular policy comprehensively covering MBS and MHSUD medical necessity reviews. Also, in policy, Humana has established associate-level processes and procedures for performing medical necessity reviews – which outline how to perform medical necessity reviews according to the approved hierarchy and clinical decision making criteria.	
Step 4: Processes and strategies used to design NQT/L as written		Comparative Analysis - Process as Written The factors and evidentiary standards used to develop processes for medical necessity reviews are outlined in steps 2 and 3 above. In policy, Humana has memorialized the Clinical Review process, which outlines Medical Necessity review processes and criteria. This is a singular policy comprehensively covering MBS and MHSUD medical necessity reviews. Humana has established associate-level processes and procedures for performing medical necessity reviews – which outline how to perform medical necessity reviews according to the approved hierarchy and clinical decision making criteria. Comparative Analysis - Process as Written The factors and evidentiary standards used to develop processes for medical necessity reviews are outlined in steps 2 and 3 above. In policy, Humana has memorialized the Clinical Review process, which outlines Medical Necessity review processes and criteria. This is a singular policy comprehensively covering MBS and MHSUD medical necessity reviews. Also, in policy, Humana has established associate-level processes and procedures for performing medical necessity reviews – which outline how to perform medical necessity reviews according to the approved hierarchy and clinical decision making criteria.	
Step 5: Processes in implementation of NQT/L in operation		Comparative Analysis - Process in Operation • In operation, associates follow written processes and procedures for performing medical necessity reviews. Rationale for approving or denying is required to be thoroughly documented with each review. Mechanisms such as outreach for additional clinical information and peer-to-peer consultation with treating physicians may be performed as part of the Medical Necessity Review process. • In operation, medical necessity reviews resulting in an approval may be performed by licensed clinicians – such as Registered Nurses for MBS reviews and Licensed Clinical Social Workers for MHSUD reviews. Medical Necessity reviews may be inpatient or partial approval must be performed by licensed board-certified physicians of an appropriate specialty. • Development and maintenance of a new MCOB edition, Humana performs educational and training sessions for clinical review staff, policies and procedures are updated if required. • Humana's primary clinical documentation system platform is integrated with an MCOB online interface, which promotes consistency in application of MCOB criteria. Comparative Analysis - Process in Operation • In operation, associates follow written processes and procedures for performing medical necessity reviews. Rationale for approving or denying is required to be thoroughly documented with each review. Mechanisms such as outreach for additional clinical information and peer-to-peer consultation with treating physicians may be performed as part of the Medical Necessity Review process. • In operation, medical necessity reviews resulting in an approval may be performed by licensed clinicians – such as Registered Nurses for MBS reviews and Licensed Clinical Social Workers for MHSUD reviews. Medical Necessity reviews may be inpatient or partial approval must be performed by licensed board-certified physicians of an appropriate specialty. • Development and maintenance of all Humana Medical Coverage Policies involves the support of comparably licensed clinicians who are fully dedicated to policy research and maintenance. Additionally, physicians of various specialties are responsible for review and approval of policies upon development and upon re-review, which occurs annually at minimum. • Development of Humana's Coverage Policies may involve consultation from outside entities as necessary. Summary Conclusions As outlined in steps 4 and 5, Humana's written and operationalized practices for the Medical Necessity Criteria NQT/L for MHSUD Outpatient are comparable to the written and operationalized practices for MBS. For medical necessity reviews of services in the Outpatient classification, Humana utilizes its Internal Humana Medical Coverage Policies as the primary source of medical necessity criteria for both MBS and MH services. For medical necessity reviews of SUD services in the Inpatient classification, Humana utilizes ASAM criteria as the source of medical necessity criteria. Clinical reviews for MBS and MHSUD are performed by reviewers with comparable credentials. The processes, as designed, are supported by policies, procedures, and practices. In addition to comparing written and operational practices, Humana uses data to perform stringency assessments to ensure that the processes, strategies, evidentiary standards, and other factors used to apply the NQT/L are as stringent as applied in operation. The assessment consists of a review of adverse decision rates, timeliness of decisions, and appeal overturn rates for MBS and MHSUD. Humana's data analysis indicates that there is no evidence to indicate that the processes, strategies, and evidentiary standards are applied more stringently in operation to the MHSUD Medical Necessity NQT/L than the MBS Medical Necessity NQT/L. Therefore, Humana concludes that the processes, strategies, and evidentiary standards used in applying the Medical Necessity Criteria NQT/L to Mental Health and Substance Use Disorder are comparable to, and applied no more stringently than, the processes, strategies, evidentiary standards, or other factors used in applying the Medical Necessity Criteria NQT/L to Medical/Surgical.	
Step 6: Summary conclusion of how plan has determined overall compliance		Summary Conclusions As outlined in steps 4 and 5, Humana's written and operationalized practices for the Medical Necessity Criteria NQT/L for Inpatient MHSUD are comparable to the written and operationalized practices for MBS. For medical necessity reviews of services in the Inpatient classification, Humana utilizes MCOB guidelines as the primary source of medical necessity criteria for both MBS and MH services. For medical necessity reviews of SUD services in the Inpatient classification, Humana utilizes ASAM criteria as the source of medical necessity criteria. Clinical reviews for both MBS and MHSUD are performed by reviewers with comparable credentials. The processes, as designed, are supported by policies, procedures, and practices. In addition to comparing written and operational practices, Humana uses data to perform stringency assessments to ensure that the processes, strategies, evidentiary standards, and other factors used to apply the NQT/L are as stringent as applied in operation. The assessment consists of a review of adverse decision rates, timeliness of decisions, and appeal overturn rates for MBS and MHSUD. Humana's data analysis indicates that there is no evidence to indicate that the processes, strategies, and evidentiary standards are applied more stringently in operation to the MHSUD Medical Necessity NQT/L than the MBS Medical Necessity NQT/L. Therefore, Humana concludes that the processes, strategies, and evidentiary standards used in applying the Medical Necessity Criteria NQT/L to Mental Health and Substance Use Disorder are comparable to, and applied no more stringently than, the processes, strategies, evidentiary standards, or other factors used in applying the Medical Necessity Criteria NQT/L to Medical/Surgical.	

<p>Consent of April 2022</p> <p>NCT1 Name</p> <p>Plan's Description of the NCT1</p> <p>This NCT1 addresses the processes, factors, and evidentiary standards prompting Humans to perform a Concurrent Review Process. Factors and evidentiary standards with respect to Human's medical necessity review processes (including managing length of stay for inpatient review) are covered in the Medical Necessity Criteria NCT1 analysis.</p>		<p>This Human's Template NCT1 comparative analysis is made available for informational purposes only, and covers none of the primary NCT1s in the Human's Plan Template. It is not intended and should not be construed as providing legal advice. Each plan's situation can be highly fact specific and not address your circumstances. The linked analyses interpret BPPACA law emphasizing the need for a plan by plan basis and not on the overall "look of any insurer or third-party administrator/ASO. Also, NCT1s are evaluated and not an "on applied" basis. Therefore, specific utilization abnormalities may impact whether a specific comparative analysis is appropriate in all regards.</p> <p>An noted, a plan's NCT1 comparative analysis must be made available to participants, beneficiaries, and governmental agencies upon request. As a condition of use of the NCT1 comparative analysis, we require that you notify us whenever you provide a copy of this NCT1 analysis pursuant to a request from such an individual or entity. Except for such requests you are required to keep the contents of the Human's Template NCT1 comparative analysis confidential to the proprietary information of Humans.</p>	
<p>Concurrent Review</p>		<p>Concurrent Review</p>	
<p>List of Benefits that may be subject to Concurrent Review</p> <p>Human's Prescription List (PAL) is the driving factor as to which services may be subject to concurrent review.</p> <p>For further details on how the PAL is developed, and the underlying technology standards, and services included on the PAL, please see Human's Prescription NCT1 analysis.</p>		<p>Inpatient Benefits Out-Of-Network</p> <p>Human's Prescription List (PAL) is the driving factor as to which services may be subject to concurrent review.</p> <p>For further details on how the PAL is developed, and the underlying technology standards, and services included on the PAL, please see Human's Prescription NCT1 analysis.</p>	
<p>Step 1: Describe the NCT1's requirements and associated procedures</p> <p>Medical/Surgical (MS) Concurrent Review Process</p> <p>Human's concurrent review process for MS services is a hybrid classification where a member or provider submits a request for a service that requires authorization, per Human's Prescription List (PAL). Concurrent review may occur during the initial request for authorization (if the member is already receiving treatment services) or subsequent review upon expiration of the initial authorization approval (scheduled day review).</p> <p>When a member or provider(s) submits a request for initial authorization while the member is already receiving treatment services, a forward clinical review (for example, a Registered Nurse) may approve the request for a specified number of days if deemed medically necessary. For inpatient services, Human has selected MCG guidelines as the primary medical necessity guidelines. For out-of-network related to medical necessity criteria, refer to the Medical Necessity Criteria NCT1 comparative analysis.</p> <p>If the forward clinical cannot approve the request based on the higher review of the clinical criteria, the request is forwarded to a forward, board-certified physician for medical necessity review against the same criteria. Ticks that concurrent review can be completed by telephone, facsimile, or when available facilities can provide direct information to Humans via Electronic Medical Records (EMR). A determination is then rendered and the member and/or provider(s) are notified of the determination per state and federal utilization requirements.</p> <p>When a provider or facility wishes to extend the number of days initially authorized, the provider(s) is instructed to submit an subsequent request for continued stay. For information related to managing length of stay, refer to the Medical Necessity Criteria NCT1 comparative analysis.</p> <p>Home Health (HH) / Substance Use Disorder (SUD) Concurrent Review Process</p> <p>Human's concurrent review process for HH services is a hybrid classification where a member or provider submits a request for a service that requires authorization, per Human's Prescription List (PAL). Concurrent review may occur during the initial request for authorization (if the member is already receiving treatment services) or subsequent review upon expiration of the initial authorization approval (scheduled day review).</p> <p>When a member or provider(s) submits a request for initial authorization while the member is already receiving treatment services, a forward clinical review (for example, a Registered Nurse or Licensed Clinical Social Worker) may approve the request for a specified number of days if deemed medically necessary. For inpatient services, Human has selected MCG guidelines as the primary medical necessity guidelines for forward clinical review for medical necessity criteria, refer to the Medical Necessity Criteria NCT1 comparative analysis.</p> <p>If the forward clinical cannot approve the request based on the higher review of the clinical criteria, the request is forwarded to a forward, board-certified physician for medical necessity review against the same criteria. Ticks that concurrent review can be completed by telephone, facsimile, or when available facilities can provide direct information to Humans via Electronic Medical Records (EMR). A determination is then rendered and the member and/or provider(s) are notified of the determination per state and federal utilization requirements.</p> <p>When a provider or facility wishes to extend the number of days initially authorized, the provider(s) is instructed to submit an subsequent request for continued stay. For information related to managing length of stay, refer to the Medical Necessity Criteria NCT1 comparative analysis.</p> <p>Behavioral Health (BH) / Substance Use Disorder (SUD) Concurrent Review Process</p> <p>Human's concurrent review process for BH services is a hybrid classification where a member or provider submits a request for a service that requires authorization, per Human's Prescription List (PAL). Concurrent review may occur during the initial request for authorization (if the member is already receiving treatment services) or subsequent review upon expiration of the initial authorization approval (scheduled day review).</p> <p>When a member or provider(s) submits a request for initial authorization while the member is already receiving treatment services, a forward clinical review (for example, a Registered Nurse or Licensed Clinical Social Worker) may approve the request for a specified number of days if deemed medically necessary. For inpatient services, Human has selected MCG guidelines as the primary medical necessity guidelines for forward clinical review for medical necessity criteria, refer to the Medical Necessity Criteria NCT1 comparative analysis.</p> <p>If the forward clinical cannot approve the request based on the higher review of the clinical criteria, the request is forwarded to a forward, board-certified physician for medical necessity review against the same criteria. Ticks that concurrent review can be completed by telephone, facsimile, or when available facilities can provide direct information to Humans via Electronic Medical Records (EMR). A determination is then rendered and the member and/or provider(s) are notified of the determination per state and federal utilization requirements.</p>		<p>Outpatient Benefits Out-Of-Network</p> <p>Human's Prescription List (PAL) is the driving factor as to which services may be subject to concurrent review.</p> <p>For further details on how the PAL is developed, and the underlying technology standards, and services included on the PAL, please see Human's Prescription NCT1 analysis.</p>	
<p>Step 2: Describe the reason for applying the NCT1 (Factor Applied)</p> <p>Medical/Surgical (MS) Factors</p> <p>Factors driving initiation of concurrent review</p> <p>An noted above, Human's Prescription List (PAL) is the driving factor as to which services/may be subject to concurrent review. The services requiring preauthorization, per Human's PAL, are listed below. For details regarding the factors underlying the PAL, please see Human's Prescription NCT1 analysis.</p> <p>Factors driving medical necessity review of concurrent requests</p> <p>Factors driving concurrent review Medical Necessity determinations, including Managing Length of Stay for Inpatient Concurrent Reviews are outlined in Medical Necessity Criteria NCT1 Comparative Analysis.</p> <p>Home Health (HH) / Substance Use Disorder (SUD) Factors</p> <p>Factors driving initiation of concurrent review</p> <p>An noted above, Human's Prescription List (PAL) is the driving factor as to which services/may be subject to concurrent review. The services requiring preauthorization, per Human's PAL, are listed below. For details regarding the factors underlying the PAL, please see Human's Prescription NCT1 analysis.</p> <p>Factors driving medical necessity review of concurrent requests</p> <p>Factors driving concurrent review Medical Necessity determinations, including Managing Length of Stay for Inpatient Concurrent Reviews are outlined in Medical Necessity Criteria NCT1 Comparative Analysis.</p> <p>Behavioral Health (BH) / Substance Use Disorder (SUD) Factors</p> <p>Factors driving initiation of concurrent review</p> <p>An noted above, Human's Prescription List (PAL) is the driving factor as to which services/may be subject to concurrent review. The services requiring preauthorization, per Human's PAL, are listed below. For details regarding the factors underlying the PAL, please see Human's Prescription NCT1 analysis.</p> <p>Factors driving medical necessity review of concurrent requests</p> <p>Factors driving concurrent review Medical Necessity determinations, including Managing Length of Stay for Inpatient Concurrent Reviews are outlined in Medical Necessity Criteria NCT1 Comparative Analysis.</p>		<p>Emergency Benefits</p> <p>Human's concurrent review process for Emergency Services is a hybrid classification where a member or provider submits a request for a service that requires preauthorization, per Human's Prescription List (PAL). Concurrent review may occur during the initial request for authorization (if the member is already receiving treatment services) or subsequent review upon expiration of the initial authorization approval (scheduled day review).</p> <p>When a member or provider(s) submits a request for initial authorization while the member is already receiving treatment services, a forward clinical review (for example, a Registered Nurse or Licensed Clinical Social Worker) may approve the request for a specified number of days if deemed medically necessary. For inpatient services, Human has selected MCG guidelines as the primary medical necessity guidelines for forward clinical review for medical necessity criteria, refer to the Medical Necessity Criteria NCT1 comparative analysis.</p> <p>If the forward clinical cannot approve the request based on the higher review of the clinical criteria, the request is forwarded to a forward, board-certified physician for medical necessity review against the same criteria. Ticks that concurrent review can be completed by telephone, facsimile, or when available facilities can provide direct information to Humans via Electronic Medical Records (EMR). A determination is then rendered and the member and/or provider(s) are notified of the determination per state and federal utilization requirements.</p> <p>When a provider or facility wishes to extend the number of days initially authorized, the provider(s) is instructed to submit an subsequent request for continued stay. For information related to managing length of stay, refer to the Medical Necessity Criteria NCT1 comparative analysis.</p> <p>Behavioral Health (BH) / Substance Use Disorder (SUD) Factors</p> <p>Factors driving initiation of concurrent review</p> <p>An noted above, Human's Prescription List (PAL) is the driving factor as to which services/may be subject to concurrent review. The services requiring preauthorization, per Human's PAL, are listed below. For details regarding the factors underlying the PAL, please see Human's Prescription NCT1 analysis.</p> <p>Factors driving medical necessity review of concurrent requests</p> <p>Factors driving concurrent review Medical Necessity determinations, including Managing Length of Stay for Inpatient Concurrent Reviews are outlined in Medical Necessity Criteria NCT1 Comparative Analysis.</p> <p>Home Health (HH) / Substance Use Disorder (SUD) Factors</p> <p>Factors driving initiation of concurrent review</p> <p>An noted above, Human's Prescription List (PAL) is the driving factor as to which services/may be subject to concurrent review. The services requiring preauthorization, per Human's PAL, are listed below. For details regarding the factors underlying the PAL, please see Human's Prescription NCT1 analysis.</p> <p>Factors driving medical necessity review of concurrent requests</p> <p>Factors driving concurrent review Medical Necessity determinations, including Managing Length of Stay for Inpatient Concurrent Reviews are outlined in Medical Necessity Criteria NCT1 Comparative Analysis.</p> <p>Behavioral Health (BH) / Substance Use Disorder (SUD) Factors</p> <p>Factors driving initiation of concurrent review</p> <p>An noted above, Human's Prescription List (PAL) is the driving factor as to which services/may be subject to concurrent review. The services requiring preauthorization, per Human's PAL, are listed below. For details regarding the factors underlying the PAL, please see Human's Prescription NCT1 analysis.</p> <p>Factors driving medical necessity review of concurrent requests</p> <p>Factors driving concurrent review Medical Necessity determinations, including Managing Length of Stay for Inpatient Concurrent Reviews are outlined in Medical Necessity Criteria NCT1 Comparative Analysis.</p>	
<p>Step 3: Identify and describe evidentiary standards and other evidence relied upon</p> <p>Medical/Surgical (MS) Evidentiary Standards</p> <p>Evidentiary Standards driving initiation of concurrent review</p> <p>An noted above, Human's Prescription List (PAL) is the driving factor as to which services/may be subject to concurrent review. The services requiring preauthorization, per Human's PAL, are listed below. For details regarding the evidentiary standards underlying the PAL, please see Human's Prescription NCT1 analysis.</p> <p>Evidentiary Standards driving medical necessity review of concurrent requests</p> <p>Evidentiary Standards driving concurrent review Medical Necessity determinations, including Managing Length of Stay for Inpatient Concurrent Reviews are outlined in Medical Necessity Criteria NCT1 Comparative Analysis.</p> <p>Home Health (HH) / Substance Use Disorder (SUD) Evidentiary Standards</p> <p>Evidentiary Standards driving initiation of concurrent review</p> <p>An noted above, Human's Prescription List (PAL) is the driving factor as to which services/may be subject to concurrent review. The services requiring preauthorization, per Human's PAL, are listed below. For details regarding the evidentiary standards underlying the PAL, please see Human's Prescription NCT1 analysis.</p> <p>Evidentiary Standards driving medical necessity review of concurrent requests</p> <p>Evidentiary Standards driving concurrent review Medical Necessity determinations, including Managing Length of Stay for Inpatient Concurrent Reviews are outlined in Medical Necessity Criteria NCT1 Comparative Analysis.</p> <p>Behavioral Health (BH) / Substance Use Disorder (SUD) Evidentiary Standards</p> <p>Evidentiary Standards driving initiation of concurrent review</p> <p>An noted above, Human's Prescription List (PAL) is the driving factor as to which services/may be subject to concurrent review. The services requiring preauthorization, per Human's PAL, are listed below. For details regarding the evidentiary standards underlying the PAL, please see Human's Prescription NCT1 analysis.</p> <p>Evidentiary Standards driving medical necessity review of concurrent requests</p> <p>Evidentiary Standards driving concurrent review Medical Necessity determinations, including Managing Length of Stay for Inpatient Concurrent Reviews are outlined in Medical Necessity Criteria NCT1 Comparative Analysis.</p>		<p>Emergency Services Evidentiary Standards</p> <p>Evidentiary Standards driving initiation of concurrent review</p> <p>An noted above, Human's Prescription List (PAL) is the driving factor as to which services/may be subject to concurrent review. The services requiring preauthorization, per Human's PAL, are listed below. For details regarding the evidentiary standards underlying the PAL, please see Human's Prescription NCT1 analysis.</p> <p>Evidentiary Standards driving medical necessity review of concurrent requests</p> <p>Evidentiary Standards driving concurrent review Medical Necessity determinations, including Managing Length of Stay for Inpatient Concurrent Reviews are outlined in Medical Necessity Criteria NCT1 Comparative Analysis.</p> <p>Home Health (HH) / Substance Use Disorder (SUD) Evidentiary Standards</p> <p>Evidentiary Standards driving initiation of concurrent review</p> <p>An noted above, Human's Prescription List (PAL) is the driving factor as to which services/may be subject to concurrent review. The services requiring preauthorization, per Human's PAL, are listed below. For details regarding the evidentiary standards underlying the PAL, please see Human's Prescription NCT1 analysis.</p> <p>Evidentiary Standards driving medical necessity review of concurrent requests</p> <p>Evidentiary Standards driving concurrent review Medical Necessity determinations, including Managing Length of Stay for Inpatient Concurrent Reviews are outlined in Medical Necessity Criteria NCT1 Comparative Analysis.</p> <p>Behavioral Health (BH) / Substance Use Disorder (SUD) Evidentiary Standards</p> <p>Evidentiary Standards driving initiation of concurrent review</p> <p>An noted above, Human's Prescription List (PAL) is the driving factor as to which services/may be subject to concurrent review. The services requiring preauthorization, per Human's PAL, are listed below. For details regarding the evidentiary standards underlying the PAL, please see Human's Prescription NCT1 analysis.</p> <p>Evidentiary Standards driving medical necessity review of concurrent requests</p> <p>Evidentiary Standards driving concurrent review Medical Necessity determinations, including Managing Length of Stay for Inpatient Concurrent Reviews are outlined in Medical Necessity Criteria NCT1 Comparative Analysis.</p>	
<p>Step 4: Process and strategies used to design NCT1 as written</p> <p>Consentive Analysis - Process as Written</p> <p>The factors and evidentiary standards used to develop processes for inpatient out-of-network concurrent review are outlined in steps 1 and 2 above. In policy, Humans has implemented the Concurrent Review process. These policies comprehensively explain MS and MBSUD operational processes and clinical review. Humans has also established associated review processes and procedures for performing concurrent review.</p>		<p>Consentive Analysis - Process as Written</p> <p>The factors and evidentiary standards used to develop processes for inpatient out-of-network concurrent review are outlined in steps 1 and 2 above. In policy, Humans has implemented the Concurrent Review process. These policies comprehensively explain MS and MBSUD operational processes and clinical review. Humans has also established associated review processes and procedures for performing concurrent review.</p>	
<p>Step 5: Processes in implementation of NCT1 in operation</p> <p>Consentive Analysis - Process as Observed</p> <p>In operation, associated review processes and procedures for performing concurrent review. Rationale for approving or denying a request for a service is based on the written and operational practices for MS, HH, BH, and SUD services. Mechanisms such as appeals for additional clinical information or peer-to-peer consultation with treating physicians may be performed as part of the review process.</p> <p>In operation, concurrent review resulting in an approval may be performed by forward clinical review (for example, as a Registered Nurse or MS or Licensed Clinical Social Worker) for MBSUD review. Concurrent review resulting in a denial or partial approval must be performed by forward board-certified physician.</p> <p>In operation, provider(s) facilities initiate requests for concurrent review, whether for the initial request (i.e. member newly admitted to the hospital) or subsequent requests for services (i.e. extended day review). This practice is the same across MS and MBSUD.</p>		<p>Consentive Analysis - Process as Observed</p> <p>In operation, associated review processes and procedures for performing concurrent review. Rationale for approving or denying a request for a service is based on the written and operational practices for MS, HH, BH, and SUD services. Mechanisms such as appeals for additional clinical information or peer-to-peer consultation with treating physicians may be performed as part of the review process.</p> <p>In operation, concurrent review resulting in an approval may be performed by forward clinical review (for example, as a Registered Nurse or MS or Licensed Clinical Social Worker) for MBSUD review. Concurrent review resulting in a denial or partial approval must be performed by forward board-certified physician.</p> <p>In operation, provider(s) facilities initiate requests for concurrent review, whether for the initial request (i.e. member newly admitted to the hospital) or subsequent requests for services (i.e. extended day review). This practice is the same across MS and MBSUD.</p>	
<p>Step 6: Summary conclusion of how plan has determined overall compliance</p> <p>Summary Conclusions</p> <p>As outlined in steps 4 and 5, Human's written and operational practices for the Concurrent Review NCT1 for Outpatient out-of-network MBSUD are comparable to the written and operational practices for MS, HH, BH, and SUD services. The assessment consists of a review of evidence decision rules, timeliness of decisions, and appeal review rates for MS and MBSUD services. Based on reviews performed by Human's Operational Leaders in data, there is no evidence to indicate that the processes, standards, and evidentiary standards are applied more stringently in operation to the MBSUD Concurrent Review NCT1 than the MS Concurrent Review NCT1.</p>		<p>Summary Conclusions</p> <p>As outlined in steps 4 and 5, Human's written and operational practices for the Concurrent Review NCT1 for Outpatient out-of-network MBSUD are comparable to the written and operational practices for MS, HH, BH, and SUD services. The assessment consists of a review of evidence decision rules, timeliness of decisions, and appeal review rates for MS and MBSUD services. Based on reviews performed by Human's Operational Leaders in data, there is no evidence to indicate that the processes, standards, and evidentiary standards are applied more stringently in operation to the MBSUD Concurrent Review NCT1 than the MS Concurrent Review NCT1.</p>	

NCT#	Plan's Description of NCT#	<p>Medical/Regulatory NCT# Comparative Analysis</p> <p>Has the NCT# been reviewed for compliance with information provided on plan and covers one of the primary NCT#s in the Human Plan? Yes/No. If not indicated and should not be reviewed or providing legal advice. Each plan's submission can be highly specific and not address plan requirements. The federal agencies interpret MIRPAA laws and regulations and may MIRPAA analysis is on a plan by plan basis and on the overall "look of board" of a group of years or third party administrator. Also, NCT#s are evaluated on an "as applied" basis. Therefore, specific regulatory abnormalities may impact whether a given comparative analysis is appropriate at all.</p> <p>As noted, a plan's NCT# comparative analysis must be made available to participants, beneficiaries, providers and governmental agencies upon request. As a condition of use of the NCT# comparative analysis, we require that you notify us whenever you prepare a copy of this NCT# analysis pursuant to a request from such an individual or entity. Except for such requests you are not required to include the content of the analysis. However, NCT# comparative analysis must be made available to participants, beneficiaries, providers and governmental agencies upon request.</p>	<p>Emergency Benefits</p> <p>Further a referral or a Prescription is required for members to access emergency services (after or before a claim has been submitted). The member's medical condition as defined under the "your present problem" law.</p> <p>Emergency Service claims may be subject to review by a licensed board-certified Medical Director who is not affiliated with the plan. The board of review is to ensure the services are medically necessary and that the member's medical condition as defined under the "your present problem" law.</p> <p>Emergency Service claims may be subject to review by a licensed board-certified Medical Director who is not affiliated with the plan. The board of review is to ensure the services are medically necessary and that the member's medical condition as defined under the "your present problem" law.</p>
Retrospective Review	<p>This NCT# addresses the processes, factors, and evidentiary standards pertaining to a plan's Retrospective Review. Processes, factors, and evidentiary standards with respect to Human's medical necessity review processes are covered in the Medical Necessity Criteria NCT# analysis.</p>	<p>Human will conduct a pre-claim retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational. 	<p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational.
List of Benefits that may be subject to Retrospective Review	<p>Inpatient Benefits In-Work</p> <p>Human will conduct a pre-claim retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational. 	<p>Inpatient Benefits Out-Of-Work</p> <p>Human will conduct a pre-claim retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational. 	<p>Outpatient Benefits In-Work</p> <p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational.
Step 1: Describe the NCT# requirements and approved procedures	<p>Medical/Regulatory NCT# Descriptive Review Process</p> <p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational. 	<p>Medical/Regulatory NCT# Descriptive Review Process</p> <p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational. 	<p>Medical/Regulatory NCT# Descriptive Review Process</p> <p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational.
Step 2: Describe the NCT# requirements and approved procedures	<p>Medical/Regulatory NCT# Descriptive Review Process</p> <p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational. 	<p>Medical/Regulatory NCT# Descriptive Review Process</p> <p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational. 	<p>Medical/Regulatory NCT# Descriptive Review Process</p> <p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational.
Step 3: Identify and describe evidentiary standards and other evidence relied upon	<p>Medical/Regulatory NCT# Descriptive Review Process</p> <p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational. 	<p>Medical/Regulatory NCT# Descriptive Review Process</p> <p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational. 	<p>Medical/Regulatory NCT# Descriptive Review Process</p> <p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational.
Step 4: Process and strategies used to design NCT# as written	<p>Medical/Regulatory NCT# Descriptive Review Process</p> <p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational. 	<p>Medical/Regulatory NCT# Descriptive Review Process</p> <p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational. 	<p>Medical/Regulatory NCT# Descriptive Review Process</p> <p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational.
Step 5: Summary conclusion of how plan has determined overall compliance	<p>Medical/Regulatory NCT# Descriptive Review Process</p> <p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational. 	<p>Medical/Regulatory NCT# Descriptive Review Process</p> <p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational. 	<p>Medical/Regulatory NCT# Descriptive Review Process</p> <p>Human will conduct a retrospective review in the following situations:</p> <ul style="list-style-type: none"> The requested services require authorization per Human's PIA. The requested services contain unlicensed/unlicensed (doctor/nurse) The requested service has the life or no indication to be evidentiary standards. The requested review is considered experimental or investigational.

Current as of April 2022

NQTL Name	Plan's Description of NQTL
Experimental & Investigational Definition	This NQTL addresses the definition that Humana has established and applies for Experimental & Investigational services as it pertains to coverage and Medical Necessity Review. <i>Processes, factors, and evidentiary standards with respect to Humana's medical necessity review processes are covered in the Medical Necessity Criteria NQTL analysis.</i>
<p>This Humana Template NQTL comparative analysis is made available for informational purposes only and covers some of the primary NQTLs in the Humana Plan Template. It is not intended and should not be construed as providing legal advice. Each plan's situation can be highly fact specific and does not address plan customizations. The federal agencies interpreting MHPAEA have emphasized that any MHPAEA analysis is on a plan by plan basis and not on the overall "book of business" of any insurer or third-party administrator/ASO. Also, NQTLs are evaluated on an "as applied" basis. Therefore, specific utilization abnormalities may impact whether this general comparative analysis is appropriate in all regards.</p> <p>As noted, a plan's NQTL comparative analysis must be made available to participants, beneficiaries, providers and governmental agencies upon request. As a condition of use of this NQTL comparative analysis, we require that you notify us whenever you provide a copy of this NQTL analysis pursuant to a request from such an individual or entity. Except for such requests you are required to keep the contents of this Humana Template NQTL comparative analysis confidential as it is the proprietary information of Humana.</p>	
Column 1 - Prompt	Column 2 - All Classifications
Step 1: Describe the NQTL's requirements and associated procedures	Humana has developed a singular definition of Experimental & Investigational - which applies consistently across all services/items, for both Medical/Surgical (M/S) and Mental Health/Substance Use Disorder (MH/SUD). The definition of E&I is developed by Clinical Policy SMEs and reviewed/approved by Medical Director leadership. The definition and the sources relied upon are outlined in Factors and Evidentiary Standards below. For transparency, E&I is also defined in each member's Evidence of Coverage (EOC) and limitations in coverage of E&I services are outlined.
Step 2: Describe the reason for applying the NQTL (Factors Applied)	<p>Humana's established definition of Experimental & Investigational is as follows - The same definition applies across all services/items, for both Medical/Surgical (M/S) and Mental Health / Substance Use Disorder (MH/SUD)</p> <p>Experimental or investigational or for research purposes means a biological product, device, treatment or procedure that meets any one of the following criteria:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cannot be lawfully marketed without the final approval of the United States Food and Drug Administration (FDA) and which lacks such final FDA approval for the use or proposed use, unless: <ul style="list-style-type: none"> o found to be accepted for that use in the most recently published edition of the United States Pharmacopeia-Drug Information for Healthcare Professional (USP-DI) or in the most recently published edition of the American Hospital Formulary Service (AHFS) Drug Information, or o identified as safe, widely used and generally accepted as effective for that use as reported in nationally recognized peer reviewed medical literature published in the English language as of the date of service; or o is mandated by state law; <input type="checkbox"/> Is a device required to receive Premarket Approval (PMA) or 510(k) approval by the FDA but has not received a PMA or 510(k) approval; <input type="checkbox"/> Is not identified as safe, widely used and generally accepted as effective for the proposed use as reported in nationally recognized peer reviewed medical literature published in the English language as of the date of service; <input type="checkbox"/> Is the subject of a National Cancer Institute (NCI) Phase I, II or III trial or a treatment protocol comparable to a NCI Phase I, II or III trial, or any trial not recognized by NCI regardless of phase; or <input type="checkbox"/> Is identified as not covered by the Centers for Medicare and Medicaid Services (CMS) Medicare Coverage Issues Manual, a CMS Operational Policy Letter or a CMS National Coverage Decision, except as required by state or federal law.
Step 3: Identify and describe evidentiary standards and other evidence relied upon	Evidentiary Standards supporting the definition of Experimental & Investigational are outlined in the row above. As noted, the evidentiary standards include: <ul style="list-style-type: none"> - United States Food and Drug Administration (FDA) approval list(s) - United States Pharmacopeia-Drug Information for Healthcare Professional (USP-DI) - Nationally recognized peer reviewed medical literature as of the date of service - National Cancer Institute trials - CMS manuals, and other state/federal guidelines
Step 4: Processes and strategies used to design NQTL as written	<p>Comparative Analysis - Process as Written</p> <p>The factors and evidentiary standards used to develop Humana's Experimental and Investigational NQTL are listed above in steps 2 and 3. In policy, a singular definition of Experimental & Investigational applies across all services/items, for both Medical/Surgical (M/S) and Mental Health / Substance Use Disorder (MH/SUD)</p>

Step 5: Processes in implementation of NQTL in operation	<p><u>Comparative Analysis - Process in Operation</u></p> <ul style="list-style-type: none"> • The definition of Experimental & Investigational is reviewed, at minimum, annually as a result of standardized policy review processes. Additionally, ad hoc committees of Medical Director leadership and Operational leaders may revisit the definition on an as-needed basis. <p>Processes and strategies may include, but are not limited to, peer clinical review, consultations with expert reviewers, clinical rationale used in approving or denying benefits, reviewer discretion, adherence to criteria hierarchy, and the selection of information deemed reasonably necessary to make a medical necessity determination.</p>
Step 6: Summary conclusion of how plan has determined overall compliance	<p><u>Summary Conclusions</u></p> <p>As outlined in steps 4 and 5, Humana's written and operationalized practices for the Experimental and Investigational Definition NQTL MH/SUD are comparable to the written and operationalized practices for M/S. Processes, factors, and evidentiary standards used to define E&I are not differentiated between Medical/Surgical and Mental Health/Substance Use Disorder; Humana has established a singular definition of Experimental & Investigational across all services/items.</p> <p>In addition to comparing written and operational practices, Humana uses data to perform stringency assessments to ensure that the processes, strategies, evidentiary standards, and other factors used to apply the NQTL are no more stringently applied in operation. The assessment consists of a review of adverse decision rates, timeliness of decisions, and appeal overturn rates for M/S and MH/SUD services. Based on reviews performed by Humana Operational Leaders to date, there is no evidence to indicate that the processes, strategies, and evidentiary standards are applied more stringently in operation to the MH/SUD Concurrent Review NQTL than the M/S Concurrent Review NQTL.</p> <p>Therefore, Humana concludes that the processes, strategies, and evidentiary standards used in applying the Experimental & Investigational NQTL to Mental Health and Substance Use Disorder are comparable to, and applied no more stringently than, the processes, strategies, evidentiary standards, or other factors used in applying the Experimental & Investigational NQTL to Medical/Surgical.</p>

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NQTL Name	Plan's Description of NQTL
Coding Edits	This NQTL addresses the processes, factors, and evidentiary standards driving the list of services and items for which Humana requires requiring providers to limit bill codes that could otherwise be applicable.
<p>This Humana Template NQTL comparative analysis is made available for informational purposes only and covers some of the primary NQTLs in the Humana Plan Template. It is not intended and should not be construed as providing legal advice. Each plan's situation can be highly fact specific and does not address plan customizations. The federal agencies interpreting MHPAEA have emphasized that any MHPAEA analysis is on a plan by plan basis and not on the overall "book of business" of any insurer or third-party administrator/ASO. Also, NQTLs are evaluated on an "as applied" basis. Therefore, specific utilization abnormalities may impact whether this general comparative analysis is appropriate in all regards.</p> <p>As noted, a plan's NQTL comparative analysis must be made available to participants, beneficiaries, providers and governmental agencies upon request. As a condition of use of this NQTL comparative analysis, we require that you notify us whenever you provide a copy of this NQTL analysis pursuant to a request from such an individual or entity. Except for such requests you are required to keep the contents of this Humana Template NQTL comparative analysis confidential as it is the proprietary information of Humana.</p>	
Column 1 - Prompt	Column 2 - All Classifications
Benefit/Service(s) to which the coding edits apply.	<p>The following benefits/services are subject to coding edits:</p> <p>Professional and outpatient medical claims are eligible for code edit review and edit application. Eligible services include Medical/Surgical (M/S) or Mental Health/Substance Use Disorder (MH/SUD). Code editing may be applied to current or previous allowed claim volume based on eligibility criteria, as defined by claims payment systems, line of business and claim type.</p> <p>Claim volume out of scope includes, but is not limited to:</p> <ul style="list-style-type: none"> • Secondary payer • Real Time • Pharmacy • Inpatient facility
Step 1: Describe the NQTL's requirements and associated procedures	<p><u>Overview of Humana's coding edits</u></p> <p>Application of and conformity of coding edits apply irrespective to whether a service is Medical/Surgical (M/S) or Mental Health/Substance Use Disorder (MH/SUD) and Humana applies similar criteria for the same purposes. These edits include, but are not limited to, units of service, unbundling, mutually exclusive and incidental procedures, pre/post-op surgical periods, modifier usage, multiple surgery reduction, add-on codes, cosmetic, and assistant surgeon. The current list of policies are listed below this analysis.</p>
Step 2: Describe the reason for applying the NQTL (Factors Applied)	<p>Humana enforces code editing to services rendered in order to:</p> <ul style="list-style-type: none"> • Remain compliant with all Federal and State regulations • Maintain compliance with clinical and regulatory guidelines • Ensure consistent and appropriate processing of claims, based on services billed • Utilize funds appropriately <p>In order to adjudicate claims accurately and in a timely manner, Humana will identify inappropriately coded claims and, when possible, reimburse using the correct code. Humana will do so based only upon known facts, such as member demographic information or service location. When the correct code cannot clearly be identified, the claim will be returned to the health care provider for correction and resubmission, if applicable.</p>

Step 3: Identify and describe evidentiary standards and other evidence relied upon	<p>Humana policy experts and coding edit vendors develop code editing policies based upon the following evidentiary standards including, but not limited to:</p> <ul style="list-style-type: none"> • CPT Coding Rules in the CPT Manual • HCPCS Coding Rules • ICD-10 Coding Rules • CPT Assistant • Principles of CPT Coding • AMA Coding with Modifiers • AMA Errata (published coding errors/changes that were left out of the update) • MPFS status codes and other indicators (E.g. bilateral designation, multiple surgery, etc.) • OPFS payment status indicator if facility DP • OCE edits • NCD and/or LCDs • Medicare Manuals • Critical Access Hospital rules in the Medicare Manuals • Medical Learning Network updates or CMS transmittals • Humana Medicare MCP Policy on the topic • DME MAC website, Supplier Manual, DME LCDs • HEDIS Measures and Star ratings • Health Care Reform provisions that effect Medicare • State Mandates <p>These evidentiary standards apply across all services/items for Medical/Surgical (M/S) and Mental Health/ Substance Use Disorder (MH/SUD).</p>
Step 4: Processes and strategies used to design NQTL as written	<p><u>Comparative Analysis - Process as Written</u></p> <p>Humana code edit policies, noted above, are reviewed at a minimum annually, by vendor and Humana coding experts. Policy reviews may result in the implementation of new code editing policies or modification of existing code editing policies. Policy reviews are performed for all policies applicable to Medical/Surgical (M/S) and Mental Health/ Substance Use Disorder (MH/SUD).</p> <p>Stakeholder approval is required for any and all changes to code edit policy, including new and existing policies. Stakeholders include but are not limited to representation from each of the following areas:</p> <ul style="list-style-type: none"> • Claims Process Organization • Provider Contracting • Member Group Contracting • Provider Markets • RMDs • Coders • Pharmacists • Compliance <p>Humana post notifications of upcoming changes to www.Humana.com on the first Friday of each month. These notifications inform providers that Humana plans to make a change to our code editing rules or claim payment processes. Previously published notifications are available online for at least five years. A notification may be removed after five years, or sooner if the notice no longer applies.</p>
Step 5: Processes in implementation of NQTL in operation	<p><u>Comparative Analysis - Process In Operation</u></p> <p>Humana routinely monitors and/or audits the performance of code edit policies and collaborates with stakeholders to facilitate effective provider code submissions and addresses policy changes with all expediency to ensure accurate claims payment. Additionally, as noted in Step 4, Humana code edit policies are reviewed at minimum annually to adhere to published protocols and policy updates as dictated by the source of the applicable policy.</p>
Step 6: Summary conclusion of how plan has determined overall compliance	<p><u>Summary Conclusions</u></p> <p>Humana's written and implemented practices, processes, factors, and evidentiary standards used to define code editing policies apply across all services/items and are not differentiated between Medical/Surgical and Mental Health/Substance Use Disorder.</p> <p>Therefore, Humana concludes that the processes, strategies, and evidentiary standards used in applying the code editing NQTL to Mental Health and Substance Use Disorder are comparable to, and applied no more stringently than, the processes, strategies, evidentiary standards, or other factors used in applying the code editing NQTL to Medical/Surgical.</p>
Code Edit Policy Type	Description
Age	<p>Some procedure codes and/or diagnosis codes are specific to certain age ranges. When one of these procedures is billed for a member outside that age range it is denied.</p>

Assistant at surgery	There are specific guidelines related to assistant at surgery services. Some services do not require an assistant. Providers acting as assistants are required to append a specific modifier based on their certification. When claims are billed without following these requirements, the services are denied or have the modifier changed.
Bilateral	Some bilateral CPT or HCPCS codes have billing requirements to be submitted with modifier 50. When one of these codes is billed without the required modifier it is denied.
Billed with inappropriate modifier	Based on AMA and CMS guidelines when a procedure is billed with a modifier considered inappropriate for the service the code is denied.
Billed with inappropriate modifier	Based on AMA and CMS guidelines when a procedure is billed with a modifier and/or place of service considered inappropriate for the service the code is denied.
Billed without appropriate modifier	Some CPT or HCPCS codes have billing requirements to be submitted with a specific modifier. When one of these codes is billed without the required modifier it is denied.
Billed without appropriate modifier	Some CPT or HCPCS codes have billing requirements to be submitted with a specific modifier and/or diagnosis. When one of these codes is billed without the required modifier and/or diagnosis it is denied.
Blood Product	There are specific guidelines related to the billing of blood products and blood storage. When claims are billed without following these requirements, the services are denied. .
Bundling	Some services are considered included or integral to the primary procedure. When these component services are billed separately they will be bundled into the comprehensive procedure code and not allowed separately.
Co Surgeon	When two surgeons perform a procedure during the same surgical setting, they are referred to as co surgeons (modifier 62). These services are only covered when the procedures are approved for co surgeons.
Condition Codes	A condition code identifies a condition relating to a facility bill that may affect claim processing. There are specific guidelines around condition codes. When these guidelines are not followed, the services are denied.
Date of Death/Occurrence Code	Services billed for deceased members require applicable occurrence codes and/or date of death to be allowed. Claims billed without applicable occurrence codes and/or date of death will deny. .
Diagnosis Frequency	Based on the Florida Medicaid Practitioners Handbook, when a procedure code is billed with units exceeding the frequency limit allowed per associated diagnosis, the additional units will be denied.
Diagnosis to Procedure	There are two different types of diagnosis to procedure edits A procedure could be denied because it is not typically expected with the diagnosis billed. Or a procedure could be denied because it is billed without an expected diagnosis. Historical diagnoses may be considered.
Diagnosis Validity	The ICD9 and ICD10 books include direction on what constitutes a valid diagnosis, and in what position that diagnosis may be billed. When claims are billed with an invalid diagnosis, or a diagnosis in an invalid position, the services are denied. .
DME - Clinical	Based on Humana policy, AMA or CMS guidelines a service that is experimental, investigational, exceeds clinical guidelines, not FDA approved or for research purposes is not covered.
DME - Coding	There are specific guidelines related to rental, replacement, repair, maintenance, accessories, etc. for the billing of Durable Medical Equipment. When claims are billed without following these requirements, the services are denied. .
DME Coverage Criteria	The Way This DME Was Billed Does Not Meet The CMS LCD Specific Coverage Criteria. The Member Is Not Responsible For Payment.
Drugs & Biologicals - Age	Drugs and biologicals are sometimes only appropriate for patients in certain age groups. Our editing enforces the age restrictions dictated by the FDA-approved package insert/prescribing information, Humana coverage policies or other approved sources.
Drugs & Biologicals – Billed with	When a drug and/or biological code is billed with a specific diagnosis and place of service combination, the service billed will be denied if the place of service is inappropriate. These edits are based on a number of different references and are meant to account for the average person in the average situation.
Drugs & Biologicals - Billed witho	Some drug and/or biological codes have billing requirements to be submitted with a specific modifier. When one of these codes is billed without the required modifier it is denied.
Drugs & Biologicals - Coding	There are specific guidelines related to drug and biologicals. When claims are billed without following these requirements, the services are denied. .
Drugs & Biologicals - Diagnosis to	Drugs and biologicals are sometimes only appropriate to treat certain indications. Our editing enforces the diagnosis to procedure billing dictated by the FDA-approved package insert/prescribing information, Humana coverage policies or other approved sources.

Drugs & Biologicals - Frequency	When a drug and/or biological code is billed exceeding the frequency limit, the service billed will be denied. These edits are based on a number of different references and are meant to account for the average person in the average situation.
Drugs & Biologicals - Frequency w	When a drug and/or biological code is billed exceeding the frequency limit with specific diagnosis, the service billed will be denied. These edits are based on a number of different references and are meant to account for the average person in the average situation.
Drugs & Biologicals - Incompatibl	Drugs and biologicals are sometimes only appropriate to administer using certain procedures. Our editing enforces the administration procedure billing dictated by the FDA-approved package insert/prescribing information, Humana coverage policies or other approved sources.
Drugs & Biologicals - Max Units	When a code is billed with units exceeding the daily maximum, the excess units are denied. These edits are based on a number of different references and are meant to account for the average person in the average situations.
Drugs & Biologicals - Missing Nee	Some drugs and biologicals require a primary service to be performed. When the primary service has not been billed or allowed the drug or biological is also denied.
Drugs & Biologicals - Procedure to	Some drugs and biologicals require a corresponding procedure to be performed. When the corresponding procedure has not been billed or allowed the drug or biological is denied.
Drugs & Biologicals - Wastage (M	When a drug and/or biological code is billed with modifier JW (wastage) and the units exceed the limit for wastage, the excess units are denied.
Duplicate	Duplicate claim lines are identified via variety of criteria. When services are billed that match the criteria of a duplicate rule, the service is denied.
Duplicate/Quality Control Interpr	Interpretation of EKG or X-rays performed in specific settings are allowed per Humana policy. Subsequent interpretation(s) billed on the same date of service without appropriate modifiers will deny as duplicates.
Frequency	When a code is billed exceeding the frequency limit, the additional units billed will be denied. These edits are based on a number of different references and are meant to account for the average person in the average situation.
Gender	Some procedure codes are specific to a gender. When the gender is inconsistent with the service based on member information, the service is denied. Claims for transgender members are excluded based on condition code and/or modifier.
Global OB	Global obstetric care codes include antepartum, delivery and postpartum services. When one of these services are billed separately (in addition to a global obstetric care code), the individual service is denied.
Global Surgery	Payment for the surgical procedure includes the preoperative, intra-operative, and post-operative services. When these services are billed separately during the global surgery period they will be denied.
Inappropriate Bill Type	These edits are based on bill type guidelines. Services performed outside the scope of these guidelines are denied. .
Inappropriate Claim Type	These edits are based on claim type guidelines. Services performed outside the scope of these guidelines are denied. .
Inappropriate Provider Specialty/	These edits are based on provider specialty or type guidelines. Services performed outside the scope of the provider's specialty or type are denied.
Incompatible Procedure to Modif	Based on definition, some procedure codes and modifiers billed are inconsistent with each other. When incompatible procedure and modifiers are billed together, the service is denied. .
Incompatible Procedure to Proce	Based on definition, some codes cannot be billed together because they represent services that are inconsistent with each other. Example, power wheelchair accessory billed with a manual wheelchair. When incompatible services are billed together, the lesser service is denied. .
Inconsistent Modifier	When a modifier is inconsistent with information in member history, the service is denied. Example, modifier 78 (return to operating room) is billed, but there is no prior surgery in member history. .
Invalid Service	Based on CMS, certain services are considered not valid for Medicare purposes. When one of these services is billed it is denied.
LCD - exceeds coverage	When a code is billed but the member has exceeded the frequency limit for that service per guidance within an LCD/NCD policy. The guidance within an LCD/NCD is meant to account for the average person in the average situation.
LCD - reasonable and necessary	When a service is billed without a diagnosis on the claim that meets medical necessity per guidance within an LCD/NCD policy.

Max Units	When a code is billed with units exceeding the daily maximum, the excess units are denied. These edits are based on a number of different references and are meant to account for the average person in the average situations.
Multiple E/Ms	In general, only 1 evaluation and management service is allowed per day by the same provider. If multiple E/Ms are billed, and no modifier is appended to represent a significant, separately identifiable service, the lesser service is denied.
Multiple Technical/Professional C	Some services can be billed globally or as individual professional and technical components. Only 1 unit of each component, or 1 unit of global, is allowed. If any combination of codes is billed representing more than 1 professional or 1 technical component, the excess is denied.
Never Event	Services are not allowed if the wrong procedure was performed on a patient or the service was performed on the same date as a wrong procedure performed.
New Patient E/M	A new patient evaluation and management service is only appropriate to be billed for patients that meet the AMA definition of a new patient. When a provider bills a new patient visit for a member that does not meet the definition of new patient it is denied. .
Not Covered	Based on CMS, Humana coverage policies, etc., certain services are considered not covered. When one of these services is billed it is denied. .
Partial Hospitalization Policy	Some services are applicable only to the Partial Hospitalization Program. When these services are billed with a condition code representing partial hospitalization, they are denied. .
PCI (duplicate)	When the same service is billed by multiple providers, it is reviewed for possible duplication. Some services cannot be billed multiple times on the same day and are denied.
PCI (modifier validation)	Some modifiers (like 25 and 59) prompt additional payment and are therefore subject to misuse/abuse. Information on the claim, in member history, and in provider history is reviewed to determine if the modifier usage is supported. If it appears the modifier has been misused, the service is denied.
Place of Service	Some services can only be performed in certain places of service. When a procedure is billed for an inappropriate place of service, based on AMA or CMS guidance, it is denied.
Primary procedure not processed	Some services require a primary service to be performed. When the primary service has not been billed or allowed the subsequent service will also deny. .
Procedure Code Guideline Policy	These edits are based on AMA procedure code definitions and guidelines. Billing scenarios that do not meet procedure code billing requirements will deny. .
Recode	A recode is when the procedure code is changed to a different procedure code that more accurately describes the services rendered. This is determined based on member history, member information, and details on the claim. Recodes are a 1 to 1 relationship (i.e., male vs female code).
Revenue Code Policy	These rules enforce revenue code guidelines. When revenue codes are billed with a procedure that does not match the revenue code the service will be denied. Or if a revenue code requires a procedure code to also be billed a denial will invoke when no procedure is billed. Or if a revenue code conflicts with another revenue code billed on the same date of service it will deny. .
Secondary Interpretation	Interpretation of EKG or X-rays performed in specific settings are allowed per Humana policy. Subsequent interpretation(s) billed on the same date of service without appropriate modifiers will deny with support documentation, or applicable modifiers indicating the service is separate and distinct and supports the diagnosis and treatment of the member.
Specialty	Taxonomy Is Not Approved For Services Billed Under Illinois Medicaid Guidelines.
Team Surgery	When a group of surgeons perform multiple surgeries in the same surgical setting, it is referred to as Team Surgery (modifier 66). These services are only covered when the procedures are approved for team surgery.

NCTL Items		Plan's Description of NCTL	This Humana Template NCTL comparative analysis is made available for informational purposes only and covers some of the primary NCTLs in the Humana Plan Template. It is not intended and should not be construed as providing legal advice. Each plan's solution can be highly fact-specific and does not address plan customization. The relevant agencies comprising MHPAEA have emphasized that any MHPAEA analysis is on a plan-by-plan basis and not on the overall "look of benefits" of any insurer or group self-administrator(s). Also, NCTLs are evaluated on an "as applied" basis. Therefore, specific utilization decisions may present whether the general comparative analysis is appropriate to all requests.					
Provider Reimbursement	This NCTL addresses the processes, factors, and evidentiary standards by which Humana reimburses providers.	As noted, a plan's NCTL comparative analysis must be made available to participants, beneficiaries, providers and governmental agencies upon request. As a condition of use of this NCTL comparative analysis, we require that you notify us whenever you provide a copy of this NCTL analysis pursuant to a request from such an individual entity. Except for such requests, you are required to keep the contents of the Humana Template NCTL comparative analysis confidential as to the proprietary interests of Humana.						
Column 1 - Prompt		Inpatient Benefits		Outpatient Benefits				
Column 2 - In network		Column 3 - Out-of-network		Column 4 - In network				
Step 1: Describe the NCTL's requirements and associated procedures		For both medical/surgical and MHSUD, Humana's reimbursement for inpatient and outpatient services is established based on the facility type. Using Medicare data, Humana establishes a Medicare Relative Fee Survey (that applies to each inpatient) out-of-network claim. For facilities that file a Medicare cost report, a cost-plus reimbursement methodology generally applies. Most facilities that do not file a Medicare cost report are reimbursed based on the average in-network rate for the facility type. Using Medicare data, Humana establishes a MAF that applies to each inpatient and all outpatient claims. The MAF for all facilities, including Critical Access Hospitals, LTAC, Psychiatric and Inpatient Rehab, are based on each facility's cost-to-charge ratio plus a reasonable percent. As institutional Medicare providers, each fiscal year, hospitals are required to submit cost reports to CMS. Humana uses these data to establish the overall cost of providing services to its members in a specific geographic area. Humana applies the overall cost rate obtained from CMS (as adjusted for the outlier diagnosis for a particular claim) to determine the average rate of the average health care provider in that area. Humana then applies a reasonable percent markup to the overall cost calculation. In summary, Humana's MAF rate is a reasonable percent above the average health care provider rate. Rates are updated several times per year as Outlier's updates are made available to Humana. This methodology applies to all diagnoses and services billed to the facility.		For both medical/surgical and MHSUD, Humana's reimbursement for inpatient and outpatient services is established based on the facility type. For any facility type, a Medicare Relative Fee Survey (that applies to each inpatient) out-of-network claim. For facilities that file a Medicare cost report, a cost-plus reimbursement methodology generally applies. Most facilities that do not file a Medicare cost report are reimbursed based on the average in-network rate for the facility type. Using Medicare data, Humana establishes a MAF that applies to each inpatient and all outpatient claims. The MAF for all facilities, including Critical Access Hospitals, LTAC, Psychiatric and Inpatient Rehab, are based on each facility's cost-to-charge ratio plus a reasonable percent. As institutional Medicare providers, each fiscal year, hospitals are required to submit cost reports to CMS. CMS applies a methodology to determine the CCR. The CCR is the ratio between a hospital's expenses and their charges. Humana applies a reasonable percent markup to the overall cost to charge ratio. As a summary, Humana's MAF rate is a reasonable percent above the average health care provider's costs. Rates are updated several times per year as Outlier's updates are made available to Humana. In general, the reimbursement rates for non-hospital facilities (such as dialysis centers, outpatient gyn clinics, medical/surgical centers, and substance abuse facilities) are based on the average in-network reimbursement rate for similar services (determined based on network rates), adjusted by geography (CMS) where appropriate. Ambulatory Surgical Centers are reimbursed at 100% of Medicare. These methodologies apply to all diagnoses and services—whether medical/surgical or MHSUD—billed to the provider type.				
Step 2: Describe the reason for applying the NCTL		Humana contracting applies the following factors: • Service type • Provider specialty • Level of provider expertise • Geographic location • Demand for services • Supply of providers • Medicare reimbursement rates • Programs that receive quality • Comparison of rates from one or more regional or national databases or schedules for the same or similar services • Provider Practice Size • Size of service		Humana contracting applies the following factors in establishing fee schedules: • Service type • Provider specialty • Level of provider expertise • Geographic location • Demand for services • Supply of providers • Medicare reimbursement rates • Programs that receive quality • Comparison of rates from one or more regional or national databases or schedules for the same or similar services • Provider Practice Size • Size of service				
Step 3: Identify and describe evidentiary standards and other evidence relied upon		In-network rates are developed applying the factors listed in Step 2 by obtaining analysis such as access and adequacy standards/requirements, claims analysis, a combination of resources, including Humana's coordination of benefit (COB) information as well as purchased vendor information, such as HCAI.		The schedules are developed applying the factors listed in Step 2 by obtaining analysis such as access and adequacy standards/requirements, claims analysis, Medicare fee schedule, a combination of resources, including Humana's coordination of benefit (COB) information as well as purchased vendor information, such as HCAI.				
Step 4: Processes and strategies used to design NCTL as written		Uniform policies and procedures describing methodologies and factors apply to all MHSUD and medical/surgical contracting. Contracting teams consist of an RFP, Director and contributor(s). The qualifications of staff involved are the same.		CMS generally does not provide CCR calculations for non-hospital facilities, so information methods were developed to assign a fair and reasonable out-of-network reimbursement rate. Although delays within the Medicare cost reports, these non-hospital facilities receive a unique payment among providers due to market forces related to the need for dialysis. Due to these circumstances, a different approach was used to develop rates for non-hospital facilities.				
Step 5: Processes and strategies used to design NCTL in operation		Humana tests to network by reviewing the member's access to care compared to the rate reported across requirements. Additionally, Humana monitors access complaints/requests.		The operation of this NCTL follows as written: providers are reimbursed on a cost-plus reasonable percent basis.				
Step 6: Summary (indication of how plan or issuer has determined overall compliance)		Humana complies with MHPAEA by applying reimbursement rates to in-network providers using uniform policies, procedures, and processes across medical/surgical and MHSUD benefits.		Humana complies with MHPAEA by applying reimbursement rates to out-of-network providers using uniform policies, procedures, and processes across medical/surgical and MHSUD benefits.				

Current as of December 2021

NCTL Name (as listed in NCTL List)		Plan's Description of NCTL				
		This Humana Template NCTL comparative analysis is made available for informational purposes only and covers some of the primary NCTLs in the Humana Plan Template. It is not intended and should not be construed as providing legal advice. Each plan's situation can be highly fact-specific and does not address plan customizations. The National Association of Insurance Commissioners (NAIC) has explained that any HIPAA analysis is on a per plan basis and not the overall "back of business" of any insurer or third-party administrator(s). Also, NCTLs are evaluated on an "as applied" basis. Therefore, specific utilization abnormalities may impact whether this general comparative analysis is appropriate in all settings.				
Network Advantages		This NCTL addresses the processes, features, and outcomes standards for which Humana already complies in the network.				
Column 1 - Prompt	Column 2 - In network	Column 3 - out-of-network	Column 4 - In network	Column 5 - Out-of-network	Emergency Benefits Column 6 - Emergency Benefits	Prescription Drugs Column 7 - Prescription Drugs

#REF!

NQTL Name (as noted in NQTL List)	Plan's Description of NQTL
Provider Credentialing	This NQTL addresses the processes, factors, and evidentiary standards for which Humana credentials providers
<p>This Humana Template NQTL comparative analysis is made available for informational purposes only and covers some of the primary NQTLs in the Humana Plan Template. It is not intended and should not be construed as providing legal advice. Each plan's situation can be highly fact specific and does not address plan customizations. The federal agencies interpreting MHPAEA have emphasized that any MHPAEA analysis is on a plan by plan basis and not on the overall "book of business" of any insurer or third-party administrator/ASO. Also, NQTLs are evaluated on an "as applied" basis. Therefore, specific utilization abnormalities may impact whether this general comparative analysis is appropriate in all regards.</p> <p>As noted, a plan's NQTL comparative analysis must be made available to participants, beneficiaries, providers and governmental agencies upon request. As a condition of use of this NQTL comparative analysis, we require that you notify us whenever you provide a copy of this NQTL analysis pursuant to a request from such an individual or entity. Except for such requests you are required to keep the contents of this Humana Template NQTL comparative analysis confidential as it is the proprietary information of Humana.</p>	
Column 1 - Prompt	Inpatient/Outpatient Benefits Column 2 - In network
Providers to which the credentialing requirements apply	<p>Medical/Surgical (M/S) and Mental Health/Substance Use Disorder (MH/SUD): Practitioners are within the scope of credentialing if all criteria listed below are met:</p> <ul style="list-style-type: none">• Practitioners are licensed, certified or registered by the state to practice independently (without direction or supervision).• Practitioners have an independent relationship with Humana (an independent relationship exists when Humana directs its members to see a specific practitioner or group of practitioners, including all practitioners whom a member can select as primary care practitioners).• Practitioners provide care to members under Humana's medical, dental and vision benefits. <p>Credentialing Criteria apply to practitioners in the following settings:</p> <ul style="list-style-type: none">• Individual or group practices• Organizational providers• Rental networks• Telehealth <p>Unless otherwise required by applicable law, practitioners who do not require credentialing include:</p> <ul style="list-style-type: none">• Practitioners, including hospitalists and extenders (who are not individually contracted and who do not print in the directory) who practice exclusively in the inpatient setting and who provide care for members only as a result of members being directed to the hospital or another inpatient setting. This includes hospital-based anesthesiology, emergency medicine, hospitalist, neonatology, pathology and radiology providers.• Practitioners who practice exclusively in freestanding facilities and who provide care for members only as a result of their being directed to the facility• Pharmacists who work for a pharmacy benefits management (PBM) organization• Covering practitioners (e.g., locums tenens) who do not have an independent relationship with Humana• Practitioners who do not provide care for members in a treatment setting (e.g., board-certified consultants)• Rental network practitioners who are specifically for out-of-area care• Non-licensed applied behavior analysis (ABA) providers• Physician extenders who do not act as a primary care physician (PCP) and who do not print in the directory. This includes licensed practical nurses, nurse anesthetists, physician assistants (non-PCP), registered nurses and registered nurse first assistants, as well as surgical assistants and surgical first assistants.

Step 1: Describe the NQTL's requirements and associated procedures	<p><u>Medical/Surgical (M/S) and Mental Health/Substance Use Disorder (MH/SUD):</u></p> <p>Humana's Credentialing and Recredentialing Policy defines the credentialing and recredentialing process for selecting and evaluating licensed and independent practitioners and assessing organizational providers who provide care to Humana members. Practitioners are required to complete an application for initial credentialing that includes a current, signed attestation regarding their health status and any history of loss or limitation of licensure or privileges. Upon receipt of the application, Humana verifies credentialing information and makes a credentialing decision. Humana formally recredentials participating practitioners and reassesses organizational providers at least every 36 months. Upon receipt of a complete credentialing application, the credentialing process should be completed within 30 days, or as required by state or federal regulations. Humana should notify the applicant in writing of the Credentials Committee's approval within 60 days. The Credentials Committee must notify a practitioner of a denial that is based upon Credentialing Criteria. The notice must inform the practitioner of the reasons for the denial and should provide notice of an opportunity to request reconsideration of the decision in writing within 30 days of the notice.</p> <p>Elements described in Humana's Credentialing and Recredentialing Policy include:</p> <ul style="list-style-type: none"> • Types of Practitioners to Credential and Recredential • Verification Sources for Credentialing and Recredentialing • Decision-making Criteria for Credentialing and Recredentialing • Delegation of Credentialing and Recredentialing • Nondiscrimination in Credentialing and Recredentialing • Confidentiality of Credentialing Information and System Controls • Medical/Dental Director Responsibility • Practitioner Rights • Credentials Committee • Initial Credentialing and Sanction Information • Application and Attestation • Recredentialing and Sanction Information • Ongoing Monitoring and Interventions • Notification to Authorities and Practitioner Review Rights • Assessment of Organizational Providers
Step 2: Describe the reason for applying the NQTL	<p><u>Medical/Surgical (M/S) and Mental Health/Substance Use Disorder (MH/SUD):</u></p> <p>Humana credentials and recredentials providers in order to:</p> <ul style="list-style-type: none"> • Remain compliant with all state and federal regulations • Maintain accreditation status with NCQA • Enable selection of qualified practitioners and providers
Step 3: Identify and describe evidentiary standards and other evidence relied upon	<p><u>Medical/Surgical (M/S) and Mental Health/Substance Use Disorder (MH/SUD):</u></p> <p>Humana's credentialing and recredentialing requirements are supported by the following evidence:</p> <ul style="list-style-type: none"> • State and federal regulatory requirements • National accreditation standards including the National Committee for Quality Assurance (NCQA)
Step 4: Processes and strategies used to design NQTL as written	<p><u>Medical/Surgical (M/S) and Mental Health/Substance Use Disorder (MH/SUD):</u></p> <p>The factors and evidentiary standards used to develop the process for provider credentialing are outlined in steps 2 and 3 above. Humana has documented the provider credentialing process in a singular policy which applies the same provider credentialing requirements and standards to both M/S and MH/SUD providers. Humana has established associate-level processes and procedures for performing provider credentialing according to the approved policy.</p>
Step 5: Processes in implementation of NQTL in operation	<p><u>Medical/Surgical (M/S) and Mental Health/Substance Use Disorder (MH/SUD):</u></p> <p>In operation, associates are required to follow Humana's Credentialing and Recredentialing Policy when credentialing and recredentialing participating providers. Rationale for approval or denial, is required to be thoroughly documented with each review and must be tracked in Humana's workflow system.</p> <p>All associates are trained and qualified to perform provider credentialing review for any provider type. All credentialing reviewers are required to complete Process and System training immediately upon hire as well as anytime there is a process change or a new requirement.</p> <p>The credentialing program undergoes weekly auditing to monitor quality and adherence to policy as applied to all provider types.</p> <p>The credentialing program undergoes quarterly auditing to monitor systems performance and processing.</p>

<p>Step 6: Summary conclusion of how plan or issuer has determined overall compliance</p>	<p><u>Medical/Surgical (M/S) and Mental Health/Substance Use Disorder (MH/SUD):</u></p> <p>Humana's written and implemented practices, processes, factors, and evidentiary standards used to define provider credentialing apply across all services/items and are not differentiated between Medical/Surgical and Mental Health/Substance Use Disorder.</p> <p>Therefore, Humana concludes that the processes, strategies, and evidentiary standards used in applying the provider credentialing NQTL to Mental Health and Substance Use Disorder are comparable to, and applied no more stringently than, the processes, strategies, evidentiary standards, or other factors used in applying the provider credentialing NQTL to Medical/Surgical.</p>
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NQTL Name	Plan's Description of NQTL
RX Prior Authorization	This NQTL addresses the processes, factors, and evidentiary standards driving the list of services and items for which Humana requires members or providers to obtain RX authorization.
<p>This Humana Template NQTL comparative analysis is made available for informational purposes only and covers some of the primary NQTLs in the Humana Plan Template. It is not intended and should not be construed as providing legal advice. Each plan's situation can be highly fact specific and does not address plan customizations. The federal agencies interpreting MHPAEA have emphasized that any MHPAEA analysis is on a plan by plan basis and not on the overall "book of business" of any insurer or third-party administrator/ASO. Also, NQTLs are evaluated on an "as applied" basis. Therefore, specific utilization abnormalities may impact whether this general comparative analysis is appropriate in all regards.</p> <p>As noted, a plan's NQTL comparative analysis must be made available to participants, beneficiaries, providers and governmental agencies upon request. As a condition of use of this NQTL comparative analysis, we require that you notify us whenever you provide a copy of this NQTL analysis pursuant to a request from such an individual or entity. Except for such requests you are required to keep the contents of this Humana Template NQTL comparative analysis confidential as it is the proprietary information of Humana.</p>	
Column 1 - Prompt	Column 2 - Prescription Drugs
List of Benefits requiring Prior Authorization	A list of all covered prescription drugs requiring prior authorization may be found on the group's formulary drug list.
Step 1: Describe the NQTL's requirements and associated procedures	<p>When a drug denies for Prior Authorization Required at point-of-sale, a prior authorization review request can be initiated by a member, provider, or pharmacist.</p> <p>When a prior authorization review request is received an Episode Of Care (EOC) is created. The Humana pharmacist must verify the member and plan information as well as the medication being requested, the quantity, edit type, PA Override codes, and Non-PA Override codes. For exceptions, the pharmacist will also review for Supporting Statement. After the medication information is reviewed, the clinical information provided is assessed. The pharmacist must review all clinical information provided by the prescriber. The pharmacist must utilize all information available to them at the time of review, including but not limited to; member EOC history for previous determinations, member EOC history for previous EOCs relevant to the current request, and claims history information available in PAHub.</p> <p>Each case is to be reviewed for compendia support. If additional information is needed to make a decision, the pharmacist will move the EOC to the NMI (need more information) queue to obtain ALL clinical information needed to complete the review.</p> <p>If the case is approved, the pharmacist must then provide the appropriate approval duration and approval notes based on the approval comment template.</p> <p>Pharmacists will add additional comments if approving/denying outside of policy based off compendia, clinical judgement, and additional research, providing clinical rationale for the decision. All Commercial denied cases will proceed to the Regional Medical Director (RMD) for final sign off before the notification letter is distributed to prescriber and patient.</p> <p>Humana will make coverage determinations as expeditiously as the member's health condition requires.</p> <p>Standard coverage determinations are to be decided (and parties notified) within 72 hours after receipt of the request. The member is notified by mail within 72 hours of receipt of the request and the physician or other prescriber notified by fax within 72 hours of receipt of the request. If the member's initial notification is orally, the written notification will be mailed within three calendar days of the oral notification.</p> <p>Expedited coverage determinations are to be decided (and parties notified) within 24 hours after receipt of the request. The member is notified by mail and the physician or other prescriber notified by fax within 24 hours of receipt of the request. If the member's initial notification is orally, the written notification will be mailed within three calendar days of the oral notification.</p> <p>Reviews for office-administered authorizations will be resolved within 72hrs for expedited requests and 15 days for standard.</p> <p>Humana follows the ERISA standards for timeliness along with State / Federal guidelines. Humana follows the most stringent guidance for these reviews.</p> <p>The prescribing physician or other prescriber may file an electronic, oral, or a written request for a standard or expedited coverage determination. State specific forms are available at Humana.com.</p>
Step 2: Describe the reason for applying the NQTL (Factors Applied)	<p>Drugs or biologics are reviewed to determine need for prior authorization criteria. The need for prior authorization criteria will be based on specific issues that include, but are not limited to, the following:</p> <ul style="list-style-type: none"> • The drug requires special monitoring due to safety concerns • The drug is only effective in a limited population with specific indications that determine needed areas of use • Use of the drug outside of specific determined criteria would either foster adverse events or constitute investigational/experimental treatment as determined by medical literature and scientific evidence • The drug represents a high cost agent in a therapeutic area that contains alternate drug therapies of similar efficacy • The cost utility of the drug versus others in the same therapeutic area would preclude the drug from being used as first line therapy, therefore broad or first-line use of the drug is ill advised • The Pharmacy and Therapeutics Committee reviews and approves prior authorization criteria that is developed by clinical pharmacists • The criteria is implemented and supported by operational processes <p>The current medical literature is used to support the implementation of all prior authorization criteria.</p>

Step 3: Identify and describe evidentiary standards and other evidence relied upon	<p>Medically-accepted indications are defined by CMS as those uses of a covered Part D drug which are approved under the Federal Food, Drug, and Cosmetic Act, or the use of which is supported by one or more citations included or approved for inclusion in any of the compendia described in section 1927(g)(1)(B)(i) of the Act. These compendia guide review of off-label and off-evidence prescribing and are subject to minimum evidence standards for each compendium. Currently this review includes the following references when applicable for all therapeutic classes and may be subject to change per CMS:</p> <ul style="list-style-type: none"> - American Hospital Formulary Service-Drug Information (AHFS-DI) - Truven Health Analytics Micromedex DrugDEX - National Comprehensive Cancer Network (NCCN) Drugs and Biologics Compendium - Elsevier/Gold Standard Clinical Pharmacology - Wolters Kluwer Lexi-Drugs <p>Humana applies prior authorization requirements to some prescription drugs. The application of prior authorization edits is a standardized process across all therapeutic categories. Humana ensures continued compliance with the Federal Mental Health Parity and Addiction Equity Act by monitoring formulary design and prior authorization requirements for medical/surgical drugs through the Pharmacy and Therapeutics Committee.</p> <p>Pharmacy and Therapeutics Committee coverage decisions may include the following activities to support an evidence based review process:</p> <ul style="list-style-type: none"> • Assessing peer-reviewed medical literature including randomized clinical trials (especially drug comparison studies), undisputed articles in medical journals, generally accepted medical textbooks, pharmacoeconomic studies, and outcomes research data. • Employing published practice guidelines, developed by an acceptable evidence-based process. • Reviewing the AMCP Formulary Dossier. <p>When reviewing prior authorization requirements for drugs used for Medical/surgical conditions, Humana utilizes the following references (including but not limited to):</p> <ul style="list-style-type: none"> - Advisory consultations with external physicians and medical specialists - Published clinical trials in various peer reviewed journals which may include the New England Journal of Medicine, and the Lancet - Clinical outcome posters presented at national clinical conferences <p>When reviewing prior authorization requirements for drugs used for mental health conditions, Humana utilizes the following references (including but not limited to):</p> <ul style="list-style-type: none"> - Guidelines and or position statements published by the American Psychiatric Association, - Advisory consultations with external psychiatrists and internal mental health professionals (including psychiatrists) - American Journal of Psychiatry - Published clinical trials in various peer reviewed journals which may include the New England Journal of Medicine, and the Lancet - Clinical outcome posters presented at national clinical conferences <p>Humana selects preferred products for substance use disorder based upon the following references (including but not limited to):</p> <ul style="list-style-type: none"> - <u>Guidelines and or position statements published by the American Society of Addiction Medicine (ASAM)</u>
Step 4: Processes and strategies used to design NQTL as written	<p>The P&T policy and procedure outlines the following details.</p> <p>The Pharmacy and Therapeutics (P&T) Committee has a responsibility to review and make decisions about the appropriate use of drugs, biologicals, and select non-drug pharmacy related products including formulary development, clinical edits, and drug utilization review. The goal of the P&T Committee is to ensure that proper decisions are made regarding drug access and the overall value of the benefit as it pertains to drugs, biologics, and select non-drug products.</p> <p>The P&T Committee meets at least quarterly. Meetings are held via conference call, video conferencing, or at a designated site. Ad hoc meetings are also scheduled and convened as necessary. The P&T Committee may solicit votes through electronic means (e.g., email) from voting member(s) on urgent topics which require immediate attention to address clinical and/or operational needs. In accordance with internal standards and external regulatory requirements, all clinical review criteria and operational policies will be reviewed no less than once per year from date of original issue or last date of approval upon review.</p> <p>The corporate medical director of the P&T Committee and the director / manager of pharmacy and therapeutics, who serve as co-chairpersons, designate voting members of the P&T Committee. A majority of the voting members will be practicing physicians and/or practicing pharmacists. They will be chosen from various clinical specialties and with such experience to adequately represent the needs of enrollees. Those persons utilized as consultants on various issues are considered non-voting. Other non-voting stakeholders for relevant agenda items are invited at the discretion of P&T.</p> <p>All physician and pharmacist members of the P&T Committee must have primary source verification of their credentials (i.e., license to practice) as per the applicable Humana Credentialing Policy at least once per year of tenure. This includes disclosure of exclusion from participation in federal health care programs. For purposes of P&T membership, members are considered to be practicing when licensed in the United States or one of its Territories as a physician or pharmacist with good standing.</p> <p>The voting members of the P&T Committee must be free of conflict of interest with any P&T agenda, pharmaceutical manufacturers, and must state any new potential conflicts of interest prior to discussion. Product sponsor representatives are specifically excluded from P&T Committee membership and from attending P&T Committee meetings.</p> <p>The process begins with the identification of a drug or drug issue such as a new drug release, new indication, generic availability, or safety signal. P&T then determines what type of review is needed. This may involve an individual drug review, class review, policy draft, or review of an existing policy. The issue is then sent to the proper committee which reviews the issue and makes the clinical decision such as P&T or its sub-committees. The Committee determines appropriateness of coverage through an evidence-based drug review. Ensuring access for appropriate use may require clinical policy. The decision may involve positive or negative changes to the Formulary such as drug coverage, tier placement, or clinical edits (e.g. prior authorization, step therapy, quantity limits). Through the areas charged with consumer messaging, the P&T Committee will communicate these changes to members as per state specific timelines.</p> <p>The minutes of any P&T Committee meeting serve to formally document its activities. The minutes include presentation summaries, positions, motions and decisions regarding coverage, policies, prior authorization, step therapy, and quantity limits. These minutes are shared with operational areas that build and enforce the intent of the decision. Issues of coding and clinical relevancy of policy are addressed through operational area feedback given to the Committee. This feedback from operations to P&T and its sub-committees after operationalization allows for refinement of existing policies. Decisions are also shared with the areas charged with consumer messaging to ensure accurate display of drug coverage and policy requirements. Other relevant files, spreadsheets, databases, and references are also provided to these areas to ensure that decisions involving coverage and clinical policies are operationalized and displayed as intended.</p>

Step 5: Processes in implementation of NQTL in operation	<p>The Pharmacy and Therapeutics (P&T) Committee applies the same processes and strategies across all therapeutic classes, including peer clinical review, consultations with expert reviewers, clinical rationale used in approving or denying benefits, reviewer discretion, adherence to criteria hierarchy, and the selection of information deemed reasonably necessary to make a medical necessity determination.</p>
Step 6: Summary conclusion of how plan has determined overall compliance	<p>Consistent with 45 CFR 146.136 (c)(iv)(4), Humana applies pharmacy non-quantitative treatment limitations uniformly across all therapeutic areas. Humana utilizes the same prior authorization procedures for both MH/SUD drugs and medical/surgical drugs. All Drugs or biologics are reviewed to determine need for prior authorization based upon the same criteria. Humana uses the same and comparable evidentiary standards to establish the prior authorization protocols. Processes for review of both MH/SUD benefits and medical/surgical benefits are applied the same irrespective of therapeutic area.</p>

#REF!

NQTL Name	Plan's Description of NQTL
RX Coding Edits	This NQTL addresses the processes, factors, and evidentiary standards driving the list of services and items for which Humana applies coding edits
<p>This Humana Template NQTL comparative analysis is made available for informational purposes only and covers some of the primary NQTLs in the Humana Plan Template. It is not intended and should not be construed as providing legal advice. Each plan's situation can be highly fact specific and does not address plan customizations. The federal agencies interpreting MHPAEA have emphasized that any MHPAEA analysis is on a plan by plan basis and not on the overall "book of business" of any insurer or third-party administrator/ASO. Also, NQTLs are evaluated on an "as applied" basis. Therefore, specific utilization abnormalities may impact whether this general comparative analysis is appropriate in all regards.</p> <p>As noted, a plan's NQTL comparative analysis must be made available to participants, beneficiaries, providers and governmental agencies upon request. As a condition of use of this NQTL comparative analysis, we require that you notify us whenever you provide a copy of this NQTL analysis pursuant to a request from such an individual or entity. Except for such requests you are required to keep the contents of this Humana Template NQTL comparative analysis confidential as it is the proprietary information of Humana.</p>	
Column 1 - Prompt	Column 2 - Prescription Drugs
Step 1: Describe the NQTL's requirements and associated procedures	<p>Cases are filtered into the appropriate queues and the pharmacist selects the queue to work based on their work assignment or Line of Business (LOB).</p> <p>Once an EOC populates, the pharmacist must verify the member and plan information as well as the medication being requested, the quantity, edit type, PA Override codes, and Non-PA Override codes. For exceptions, the pharmacist will also review for Supporting Statement. After the medication information is reviewed, the clinical information provided is assessed. The pharmacist must review all clinical information provided by the prescriber. The pharmacist must utilize all information available to them at the time of review, including but not limited to; member EOC history for previous determinations, member EOC history for previous EOCs relevant to the current request, and claims history information available in PAHub.</p> <p>Each case is to be reviewed for compendia support.</p> <p>If additional information is needed to make a decision, the pharmacist will move the EOC to the NMI (need more information) queue to obtain ALL clinical information needed to complete the review.</p> <p>If the case is approved, the pharmacist must then provide the appropriate approval duration and approval notes based on the approval comment template.</p> <p>Pharmacists will add additional comments if approving/denying outside of policy based off compendia, clinical judgement, and additional research, providing clinical rationale for the decision.</p> <p>All Commercial denied cases will proceed to the Regional Medical Director (RMD) for final sign off before the notification letter is distributed to prescriber and patient.</p> <p>Humana will make coverage determinations as expeditiously as the member's health condition requires.</p> <p>Standard coverage determinations are to be decided (and parties notified) within 72 hours after receipt of the request. The member is notified by mail within 72 hours of receipt of the request and the physician or other prescriber notified by fax within 72 hours of receipt of the request. If the member's initial notification is orally, the written notification will be mailed within three calendar days of the oral notification.</p> <p>Expedited coverage determinations are to be decided (and parties notified) within 24 hours after receipt of the request. The member is notified by mail and the physician or other prescriber notified by fax within 24 hours of receipt of the request. If the member's initial notification is orally, the written notification will be mailed within three calendar days of the oral notification.</p> <p>Reviews for office-administered authorizations will be resolved within 72hrs for expedited requests and 15 days for standard.</p> <p>Humana follows the ERISA standards for timeliness along with State / Federal guidelines. Humana follows the most stringent guidance for these reviews.</p> <p>The prescribing physician or other prescriber may file an electronic, oral, or a written request for a standard or expedited coverage determination. State specific forms are available at Humana.com</p>
Step 2: Describe the reason for applying the NQTL (Factors Applied)	<p>Drugs or biologics are reviewed to determine need for coding edit criteria. The need for coding edit criteria will be based on specific issues that include, but are not limited to, the following:</p> <ul style="list-style-type: none"> • The drug requires special monitoring due to safety concerns • The drug is only effective in a limited population with specific indications that determine needed areas of use • Use of the drug outside of specific determined criteria would either foster adverse events or constitute investigational/experimental treatment as determined by medical literature and scientific evidence • The drug represents a high cost agent in a therapeutic area that contains alternate drug therapies of similar efficacy • The cost utility of the drug versus others in the same therapeutic area would preclude the drug from being used as first line therapy, therefore broad or first- line use of the drug is ill advised • The Pharmacy and Therapeutics Committee develops coding edit criteria • The criteria is implemented and supported by needed processes <p>The current medical literature and /or cost benefit analysis is used to support the implementation of all coding edit criteria.</p>

Step 3: Identify and describe evidentiary standards and other evidence relied upon	<p>Medically-accepted indications are defined by CMS as those uses of a covered Part D drug which are approved under the Federal Food, Drug, and Cosmetic Act, or the use of which is supported by one or more citations included or approved for inclusion in any of the compendia described in section 1927(g)(1)(B)(i) of the Act. These compendia guide review of off-label and off-evidence prescribing and are subject to minimum evidence standards for each compendium. Currently this review includes the following references when applicable for all therapeutic classes and may be subject to change per CMS:</p> <ul style="list-style-type: none"> - American Hospital Formulary Service-Drug Information (AHFS-DI) - Truven Health Analytics Micromedex DrugDEX - National Comprehensive Cancer Network (NCCN) Drugs and Biologics Compendium - Elsevier/Gold Standard Clinical Pharmacology - Wolters Kluwer Lexi-Drugs <p>Humana applies coding edits to some prescription drugs. The application of coding edits is a standardized process across all therapeutic categories. Humana ensures continued compliance with the Federal Mental Health Parity and Addiction Equity Act by monitoring formulary design and coding edits requirements for medical/surgical drugs through the Pharmacy and Therapeutics Committee.</p> <p>Pharmacy and Therapeutics Committee coverage decisions may include the following activities to support an evidence based review process:</p> <ul style="list-style-type: none"> • Assessing peer-reviewed medical literature including randomized clinical trials (especially drug comparison studies), undisputed articles in medical journals, generally accepted medical textbooks, pharmacoeconomic studies, and outcomes research data. • Employing published practice guidelines, developed by an acceptable evidence-based process. • Reviewing the AMCP Formulary Dossier. <p>When reviewing coding edits requirements for drugs used for Medical/surgical conditions, Humana utilizes the following references (including but not limited to):</p> <ul style="list-style-type: none"> - Advisory consultations with external physicians and medical specialists - Published clinical trials in various peer reviewed journals which may include the New England Journal of Medicine, and the Lancet - Clinical outcome posters presented at national clinical conferences <p>When reviewing coding edits requirements for drugs used for mental health conditions, Humana utilizes the following references (including but not limited to):</p> <ul style="list-style-type: none"> - Guidelines and or position statements published by the American Psychiatric Association, - Advisory consultations with external psychiatrists and internal mental health professionals (including psychiatrists) - American Journal of Psychiatry - Published clinical trials in various peer reviewed journals which may include the New England Journal of Medicine, and the Lancet - Clinical outcome posters presented at national clinical conferences <p>Humana applies coding edits for substance use disorder based upon the following references (including but not limited to):</p> <ul style="list-style-type: none"> - <u>Guidelines and or position statements published by the American Society of Addiction Medicine (ASAM)</u>
Step 4: Processes and strategies used to design NQTL as written	<p>The P&T policy and procedure outlines the following details.</p> <p>The Pharmacy and Therapeutics (P&T) Committee has a responsibility to review and make decisions about the appropriate use of drugs, biologicals, and select non-drug pharmacy related products including formulary development, clinical edits, and drug utilization review. The goal of the P&T Committee is to ensure that proper decisions are made regarding drug access and the overall value of the benefit as it pertains to drugs, biologics, and select non-drug products.</p> <p>The P&T Committee meets at least quarterly. Meetings are held via conference call, video conferencing, or at a designated site. Ad hoc meetings are also scheduled and convened as necessary. The P&T Committee may solicit votes through electronic means (e.g., email) from voting member(s) on urgent topics which require immediate attention to address clinical and/or operational needs. In accordance with internal standards and external regulatory requirements, all clinical review criteria and operational policies will be reviewed no less than once per year from date of original issue or last date of approval upon review.</p> <p>The corporate medical director of the P&T Committee and the director / manager of pharmacy and therapeutics, who serve as co-chairpersons, designate voting members of the P&T Committee. A majority of the voting members will be practicing physicians and/or practicing pharmacists. They will be chosen from various clinical specialties and with such experience to adequately represent the needs of enrollees. Those persons utilized as consultants on various issues are considered non-voting. Other non-voting stakeholders for relevant agenda items are invited at the discretion of P&T.</p> <p>All physician and pharmacist members of the P&T Committee must have primary source verification of their credentials (i.e., license to practice) as per the applicable Humana Credentialing Policy at least once per year of tenure. This includes disclosure of exclusion from participation in federal health care programs. For purposes of P&T membership, members are considered to be practicing when licensed in the United States or one of its Territories as a physician or pharmacist with good standing.</p> <p>The voting members of the P&T Committee must be free of conflict of interest with any P&T agenda, pharmaceutical manufacturers, and must state any new potential conflicts of interest prior to discussion. Product sponsor representatives are specifically excluded from P&T Committee membership and from attending P&T Committee meetings.</p> <p>The process begins with the identification of a drug or drug issue such as a new drug release, new indication, generic availability, or safety signal. P&T then determines what type of review is needed. This may involve an individual drug review, class review, policy draft, or review of an existing policy. The issue is then sent to the proper committee which reviews the issue and makes the clinical decision such as P&T or its sub-committees. The Committee determines appropriateness of coverage through an evidence-based drug review. Ensuring access for appropriate use may require clinical policy. The decision may involve positive or negative changes to the Formulary such as drug coverage, tier placement, or clinical edits (e.g. coding edits, step therapy, quantity limits). Through the areas charged with consumer messaging, the P&T Committee will communicate these changes to members as per state specific timelines.</p> <p>The minutes of any P&T Committee meeting serve to formally document its activities. The minutes include presentation summaries, positions, motions and decisions regarding coverage, policies, coding edits, step therapy, and quantity limits. These minutes are shared with operational areas that build and enforce the intent of the decision. Issues of coding and clinical relevancy of policy are addressed through operational area feedback given to the Committee. This feedback from operations to P&T and its sub-committees after operationalization allows for refinement of existing policies. Decisions are also shared with the areas charged with consumer messaging to ensure accurate display of drug coverage and policy requirements. Other relevant files, spreadsheets, databases, and references are also provided to these areas to ensure that decisions involving coverage and clinical policies are operationalized and displayed as intended.</p>

Step 5: Processes in implementation of NQTL in operation	Humana applies the same processes and strategies across all therapeutic classes, including peer clinical review, consultations with expert reviewers, clinical rationale used in approving or denying benefits, reviewer discretion, adherence to criteria hierarchy, and the selection of information deemed reasonably necessary to make a medical necessity determination.
Step 6: Summary conclusion of how plan has determined overall compliance	Consistent with 45 CFR 146.136 (c)(iv)(4), Humana applies pharmacy non-quantitative treatment limitations uniformly across all therapeutic areas. Humana utilizes the same coding edits for both MH/SUD drugs and medical/surgical drugs. All Drugs or biologics are reviewed to determine need for coding edits based upon the same criteria. Humana uses the same and comparable evidentiary standards to establish the coding edits. Processes for review of both MH/SUD benefits and medical/surgical benefits are applied the same irrespective of therapeutic area.

#REF!

NQTL Name	Plan's Description of NQTL
RX Medical Necessity	This NQTL addresses the processes, factors, and evidentiary standards driving the list of drugs for which Humana requires medical necessity.
<p>This Humana Template NQTL comparative analysis is made available for informational purposes only and covers some of the primary NQTLs in the Humana Plan Template. It is not intended and should not be construed as providing legal advice. Each plan's situation can be highly fact specific and does not address plan customizations. The federal agencies interpreting MHPAEA have emphasized that any MHPAEA analysis is on a plan by plan basis and not on the overall "book of business" of any insurer or third-party administrator/ASO. Also, NQTLs are evaluated on an "as applied" basis. Therefore, specific utilization abnormalities may impact whether this general comparative analysis is appropriate in all regards.</p> <p>As noted, a plan's NQTL comparative analysis must be made available to participants, beneficiaries, providers and governmental agencies upon request. As a condition of use of this NQTL comparative analysis, we require that you notify us whenever you provide a copy of this NQTL analysis pursuant to a request from such an individual or entity. Except for such requests you are required to keep the contents of this Humana Template NQTL comparative analysis confidential as it is the proprietary information of Humana.</p>	
Column 1 - Prompt	Column 2 - Prescription Drugs
Step 1: Describe the NQTL's requirements and associated procedures	Utilization management tools and clinical edits such as medical necessity, step therapy, quantity limits, and coding edits are employed to ensure use when medically necessary.
Step 2: Describe the reason for applying the NQTL (Factors Applied)	Provides a mechanism for determining which drugs or biologics require clinical edits and drug utilization review. Clinical edits such as medical necessity, step therapy, and quantity limits are tools used to ensure appropriate use of drugs. This promotes safe, effective medication use while reducing cost when medically appropriate.
Step 3: Identify and describe evidentiary standards and other evidence relied upon	<p>Medically-accepted indications are defined by CMS as those uses of a covered Part D drug which are approved under the Federal Food, Drug, and Cosmetic Act, or the use of which is supported by one or more citations included or approved for inclusion in any of the compendia described in section 1927(g)(1)(B)(i) of the Act. These compendia guide review of off-label and off-evidence prescribing and are subject to minimum evidence standards for each compendium. Currently this review includes the following references when applicable for all therapeutic classes and may be subject to change per CMS:</p> <ul style="list-style-type: none">- American Hospital Formulary Service-Drug Information (AHFS-DI)- Truven Health Analytics Micromedex DrugDEX- National Comprehensive Cancer Network (NCCN) Drugs and Biologics Compendium- Elsevier/Gold Standard Clinical Pharmacology- Wolters Kluwer Lexi-Drugs <p>Humana applies medical necessity requirements to some prescription drugs. The application of medical necessity edits is a standardized process across all therapeutic categories. Humana ensures continued compliance with the Federal Mental Health Parity and Addiction Equity Act by monitoring formulary design and medical necessity requirements for medical/surgical drugs through the Pharmacy and Therapeutics Committee.</p> <p>Pharmacy and Therapeutics Committee coverage decisions may include the following activities to support an evidence based review process:</p> <ul style="list-style-type: none">• Assessing peer-reviewed medical literature including randomized clinical trials (especially drug comparison studies), undisputed articles in medical journals, generally accepted medical textbooks, pharmacoeconomic studies, and outcomes research data.• Employing published practice guidelines, developed by an acceptable evidence-based process.• Reviewing the AMCP Formulary Dossier. <p>When reviewing medical necessity requirements for drugs used for Medical/surgical conditions, Humana utilizes the following references (including but not limited to):</p> <ul style="list-style-type: none">- Advisory consultations with external physicians and medical specialists- Published clinical trials in various peer reviewed journals which may include the New England Journal of Medicine, and the Lancet- Clinical outcome posters presented at national clinical conferences <p>When reviewing medical necessity requirements for drugs used for mental health conditions, Humana utilizes the following references (including but not limited to):</p> <ul style="list-style-type: none">- Guidelines and or position statements published by the American Psychiatric Association,- Advisory consultations with external psychiatrists and internal mental health professionals (including psychiatrists)- American Journal of Psychiatry- Published clinical trials in various peer reviewed journals which may include the New England Journal of Medicine, and the Lancet- Clinical outcome posters presented at national clinical conferences <p>Humana selects preferred products for substance use disorder based upon the following references (including but not limited to):</p> <ul style="list-style-type: none">- Guidelines and or position statements published by the American Society of Addiction Medicine (ASAM)

Step 4: Processes and strategies used to design NQTL as written	<p>The P&T policy and procedure outlines the following details.</p> <p>The Pharmacy and Therapeutics (P&T) Committee has a responsibility to review and make decisions about the appropriate use of drugs, biologicals, and select non-drug pharmacy related products including formulary development, clinical edits, and drug utilization review. The goal of the P&T Committee is to ensure that proper decisions are made regarding drug access and the overall value of the benefit as it pertains to drugs, biologics, and select non-drug products.</p> <p>The P&T Committee meets at least quarterly. Meetings are held via conference call, video conferencing, or at a designated site. Ad hoc meetings are also scheduled and convened as necessary. The P&T Committee may solicit votes through electronic means (e.g., email) from voting member(s) on urgent topics which require immediate attention to address clinical and/or operational needs. In accordance with internal standards and external regulatory requirements, all clinical review criteria and operational policies will be reviewed no less than once per year from date of original issue or last date of approval upon review.</p> <p>The corporate medical director of the P&T Committee and the director / manager of pharmacy and therapeutics, who serve as co-chairpersons, designate voting members of the P&T Committee. A majority of the voting members will be practicing physicians and/or practicing pharmacists. They will be chosen from various clinical specialties and with such experience to adequately represent the needs of enrollees. Those persons utilized as consultants on various issues are considered non-voting. Other non-voting stakeholders for relevant agenda items are invited at the discretion of P&T.</p> <p>All physician and pharmacist members of the P&T Committee must have primary source verification of their credentials (i.e., license to practice) as per the applicable Humana Credentialing Policy at least once per year of tenure. This includes disclosure of exclusion from participation in federal health care programs. For purposes of P&T membership, members are considered to be practicing when licensed in the United States or one of its Territories as a physician or pharmacist with good standing.</p> <p>The voting members of the P&T Committee must be free of conflict of interest with any P&T agenda, pharmaceutical manufacturers, and must state any new potential conflicts of interest prior to discussion. Product sponsor representatives are specifically excluded from P&T Committee membership and from attending P&T Committee meetings.</p> <p>The process begins with the identification of a drug or drug issue such as a new drug release, new indication, generic availability, or safety signal. P&T then determines what type of review is needed. This may involve an individual drug review, class review, policy draft, or review of an existing policy. The issue is then sent to the proper committee which reviews the issue and makes the clinical decision such as P&T or its sub-committees. The Committee determines appropriateness of coverage through an evidence-based drug review. Ensuring access for appropriate use may require clinical policy. The decision may involve positive or negative changes to the Formulary such as drug coverage, tier placement, or clinical edits (e.g. medical necessity, step therapy, quantity limits). Through the areas charged with consumer messaging, the P&T Committee will communicate these changes to members as per state specific timelines.</p> <p>The minutes of any P&T Committee meeting serve to formally document its activities. The minutes include presentation summaries, positions, motions and decisions regarding coverage, policies, medical necessity, step therapy, and quantity limits. These minutes are shared with operational areas that build and enforce the intent of the decision. Issues of coding and clinical relevancy of policy are addressed through operational area feedback given to the Committee. This feedback from operations to P&T and its sub-committees after operationalization allows for refinement of existing policies. Decisions are also shared with the areas charged with consumer messaging to ensure accurate display of drug coverage and policy requirements. Other relevant files, spreadsheets, databases, and references are also provided to these areas to ensure that decisions involving coverage and clinical policies are operationalized and displayed as intended.</p>
Step 5: Processes in implementation of NQTL in operation	<p>The Pharmacy and Therapeutics (P&T) Committee applies the same processes and strategies across all therapeutic classes, including peer clinical review, consultations with expert reviewers, clinical rationale used in approving or denying benefits, reviewer discretion, adherence to criteria hierarchy, and the selection of information deemed reasonably necessary to make a medical necessity determination.</p>
Step 6: Summary conclusion of how plan has determined overall compliance	<p>Consistent with 45 CFR 146.136 (c)(iv)(4), Humana applies pharmacy non-quantitative treatment limitations uniformly across all therapeutic areas. Humana uses the same and comparable evidentiary standards to establish the medical necessity criteria. Processes for review of both MH/SUD benefits and medical/surgical benefits are applied the same irrespective of therapeutic area.</p>